

The Guide

2014/15

The background features a stylized rainbow with five bands: purple, green, orange, blue, and orange. In the foreground, a white silhouette of the Glasgow University skyline is shown against the rainbow. The text 'Life at Glasgow University' is written in a white, italicized font with a black outline, positioned in the lower right quadrant of the image.

*Life at
Glasgow
University*

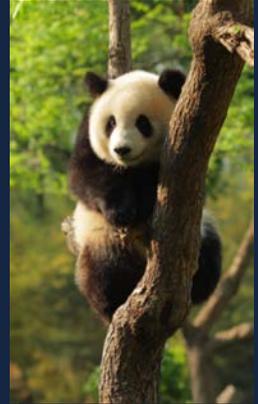


University of Glasgow | Confucius Institute

The Confucius Institute is a partnership with Nankai University in China and is supported by Hanban (the Confucius Institute Headquarters in Beijing).

Language

We offer a wide range of Chinese language classes, taught by native speakers, at very low prices throughout the year. Classes are taught in small groups, and private one-to-one tuition is also available. Every month we host HSK tests, the language tests officially recognised in China, enabling you to track and certify your progress in learning Chinese. We also run calligraphy classes and **free** language exchange sessions where you can come and chat with native speakers every Saturday during term.



Culture

We celebrate major Chinese festivals and provide opportunities to learn about the traditions, customs, food and mythical stories relating to each festival. In addition, we offer – together with the **Scottish Centre for China Research** based at the University – workshops, lectures and seminars on Chinese history, arts, culture and contemporary society.

Study in China for free

We also provide opportunities to study in China through various scholarships and exchange programmes. Please see our website for more information and add your contact details at 'Keep in touch' if you would like to learn more.

Lessons start from £100 for 20 hours - a special rate for University of Glasgow students and staff.



Contact:

Ground Floor, Rm 202, John McIntyre Building,
University of Glasgow, Glasgow, G12 8QQ

Tel: +44 (0)141 330 7730

Email: confucius-enquiries@glasgow.ac.uk

[www.glasgow.ac.uk/
confuciusinstitute](http://www.glasgow.ac.uk/confuciusinstitute)

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Welcome



SRC Freshers' Helpers will be here to help you out from the start

Welcome to University, welcome to Glasgow and welcome to The Guide.

The Guide is an annual manual produced by the Students' Representative Council (SRC). We're here to help and represent students and giving you The Guide is a small part of this and just the beginning.

Thousands of students come to Glasgow every year and it's easy to feel lost - there's so much going on, and so much to

quickly take in. If you're feeling like this, don't worry; Glasgow's an incredibly friendly city, as is the University and you'll soon feel settled.

Feel free to read The Guide cover to cover, but it's more likely you're eager to start finding your way around and getting to know your new flatmates. With that in mind, we've made it especially easy to pick up The Guide when you think you'll need it.

Four parts make up The Guide, and while they overlap somewhat, they'll form your busy life at uni:

> Flourish - how to get involved in campus life with all the opportunities for you to explore on and around campus.

> Play - exploring Glasgow and its surroundings, there's plenty of fun to be had.

> Learn - at some point you'll have to start studying - this section's here to make it less daunting.

> Live - life as a student can be pretty different to what you've experienced before, here's what to expect.

Of course, there is so much to do and see in Glasgow that it's impossible to condense it all

into a book ten times the size of this one.

Instead we've tried to give a little taste of what to expect, a few hints of things and places we know are good and a few things that we wish we'd known when we started uni. It's well worth keeping The Guide on your shelf as there are plenty of tips for later on in your student life.

The Guide has been written, produced and edited entirely by people recently students here at Glasgow, so (we hope) we know what we're talking about.

We hope it's useful, but more importantly, here's to your next few years at Glasgow - and what'll be some of the best years of your life - enjoy!



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A group of three young women are looking towards a man whose back is to the camera. The woman on the left is smiling and holding a beer. The woman in the middle has her mouth open as if speaking or reacting. The woman on the right is looking on. The man is wearing a black hoodie with white text. The background is dark and appears to be an indoor social setting.

**125 A 3-Ph
Broadcast
Machine**

DUST.TV

Flourish

...outside of your degree

Going to University provides you with unparalleled opportunities to get involved in activities outside of your degree, to take up something new, or to continue with something you've done for years.

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Student Bodies

Most Universities have one student union or association, some have two, Glasgow has four. This bizarre and confusing set up is a hangover from the late nineteenth and early twentieth century.

The two student unions, the Glasgow University Union (GUU) and the Queen Margaret Union (QMU) serve primarily social functions, the Students' Representative Council (SRC) has a pastoral and political role, and Glasgow University Sports Association (GUSA) ensures there's adequate sporting provision.

Each of the four student bodies are primarily run by elected students with support from permanent staff. Elections for positions within the student bodies take place in the spring, when campus is flooded with

candidates and their mates as they vie for your attention and more importantly, your vote.

Heading up the SRC, QMU and GUSA are sabbatical officers, students who take time out from their studies to take on the full time role of President, or Vice President. The president of the GUU combines his or her studies alongside the role.

Both unions have a union magazine, (qmunicate and G-You) and are always looking for contributors. Each union also has various committees running the many aspects of union life - some have greater commitments than others, but if you're interested - pop into either union to find out how to get involved.

Becoming involved in a stu-



The four presidents, top left - Lauren Hinton (QMU), top right, Tom Gebbie (GUSA), bottom left Breffni O'Connor (SRC) and bottom right Owen Martin (GUU)

dent body looks great on your CV and will certainly give your social life a boost.

Throughout the year, the four bodies come together and work on projects as a group. The two biggest examples of this are freshers' week, with the co-ordinated selling and promotion of passes, and RAG (Raising and Giving) events, where students do various stunts, often look like fools - all

in the name of raising money for charity.

Funding for the student bodies comes via block grants from the University- although each have various other revenue streams. As charities, all of the money spent in the bars or shops of the unions go back into providing services for students.

The SRC

Students' Representative Council

www.glasgowstudent.net

facebook.com/glasgowuniversitysrc

@gusrc

enquiries@src.gla.ac.uk



The SRC represent, campaign on behalf of and offer services to all students at the University, making them by far the largest student body.

The SRC work closely with the University to devise new ways of improving the student experience and often call the University to account when they see something awry.

Four full time executive officers, and a council of 46 students are elected into position each year and they work alongside a number of permanent staff in directing the shape and direction of the SRC.

The majority of the SRC's services are housed in the John McIntyre building on University Avenue.



The downstairs of the John Mac houses the Welcome Point, a reception area and first point of contact for the SRC. It's here you can order any (soft comb) binding needed, buy or top up printer cards or find out what the SRC are up to. The staff at the Welcome Point are well used to helping students find rooms in the rabbit warren of the main building, so if you're ever lost and nearby, it's worth going there to ask for directions.

The Advice Centre (pg 33) is also downstairs, as is the Subcity studio and office. Upstairs is the home of the Student Volunteer Support Service, the Exec office, space

for council members and the Williams Room, often booked out by clubs and societies for various events.

Heading up the turret, you'll find offices for the remaining media groups - The Guardian and GUM share an office, and GUST have their editing suite and office just above. There's more information on student media at Glasgow on page 22.

You'll also see the SRC minibuses busily ferrying students between halls and campus morning and night during term time. The minibuses are free to use (though occasionally busy) and collect students from behind the John Mac.

The QMU

Queen Margaret Union

www.qmunion.org.uk

facebook.com/qmunion

@qmunion

president@qmunion.org.uk



The QMU is home to (at present) the only purpose built entertainment space on campus, Qudos. It also has two bars, a food outlet, a coffee shop, a small shop and a number of rooms for clubs and societies or members to hire.

Last year, the QMU resurrected its ability to attract some of the country's biggest acts when they played host to the BBC's Radio 1 Academy.

Their Union magazine, *qmunicate*, reports on news & events from across Glasgow, as well as within the union.

The GUU

Glasgow University Union

www.guu.co.uk

facebook.com/guunion

@guunion

president@guu.co.uk



The Glasgow University Union is an institution that prides itself on its history and status, especially in debating.

The union resides in a grand building at the bottom of University Avenue built in 1931. It houses the Beer Bar in which students who have proved

themselves in 'Iron Stomachs' or 'Boat Races' are remembered in gold leaf on the wooden paneled walls.

The GUU remains the only Student Union in the world to have won World Debating Championship five times and last year got to the finals again.

GUSA

Glasgow University Sport Association

www.gla.ac.uk/services/sport/gusa/

[facebook.com/gusa1881](https://www.facebook.com/gusa1881)

[@gusapresident](https://twitter.com/gusapresident)

gusa-president@gla.ac.uk



Glasgow University Sports Association (GUSA) are responsible for supporting individual and team sport at Glasgow.

They work closely with the Sports & Recreation Service to make sure Glasgow continues to have a welcoming attitude to sports.

One of the highlights of the year for GUSA is the Glasgow Taxis Cup, a multi-sport competition between ourselves, Strathclyde and Glasgow Cal-

edonian. Glasgow retained the trophy in 2013/14, becoming the first University to win it four times.

Almost all 47 sports teams at Glasgow compete in BUCS (British University & College Sport) leagues and some compete in local leagues too. There is more information about sport at Glasgow on page 18 and a full list of sports clubs on page 97.

Others

Mature Students Association

fb.com/glasgowuniversitymaturestudentsassociation

Any student is eligible to join the MSA if, at the time of starting uni, they were over the age of 21. Membership costs £10 annually and enables members to use a dedicated study space with computers, WiFi and kitchen facilities at 62 Oakfield Avenue.

The club also regularly organise social events and produce a regular newsletter.

The MSA are more than happy to show any prospective member the space or to answer any questions they may have.



GULGBTQ+

gulgbtqplus.com

GULGBTQ+ are very active in the student community, in both welfare services and as a social hub.

A monthly drop in, talks and presentations form the club's welfare activities, while social events include pub crawls, film nights, quizzes and a huge annual ceilidh.

The club has close links with staff across campus and the current honorary president is Stuart Macquarrie, the University's chaplain.

The Gilchrist

postgraduate club

www.gilchristpgclub.org

facebook.com/TheGilchristPostgraduateClub

[@thegilchristpg](https://twitter.com/thegilchristpg)

gilchristpgclub@src.gla.ac.uk



The Gilchrist is a social and study space exclusively for postgraduates. It's jointly run by the SRC and the University's Hospitality Services. They deservedly claim the title of the best coffee on campus.

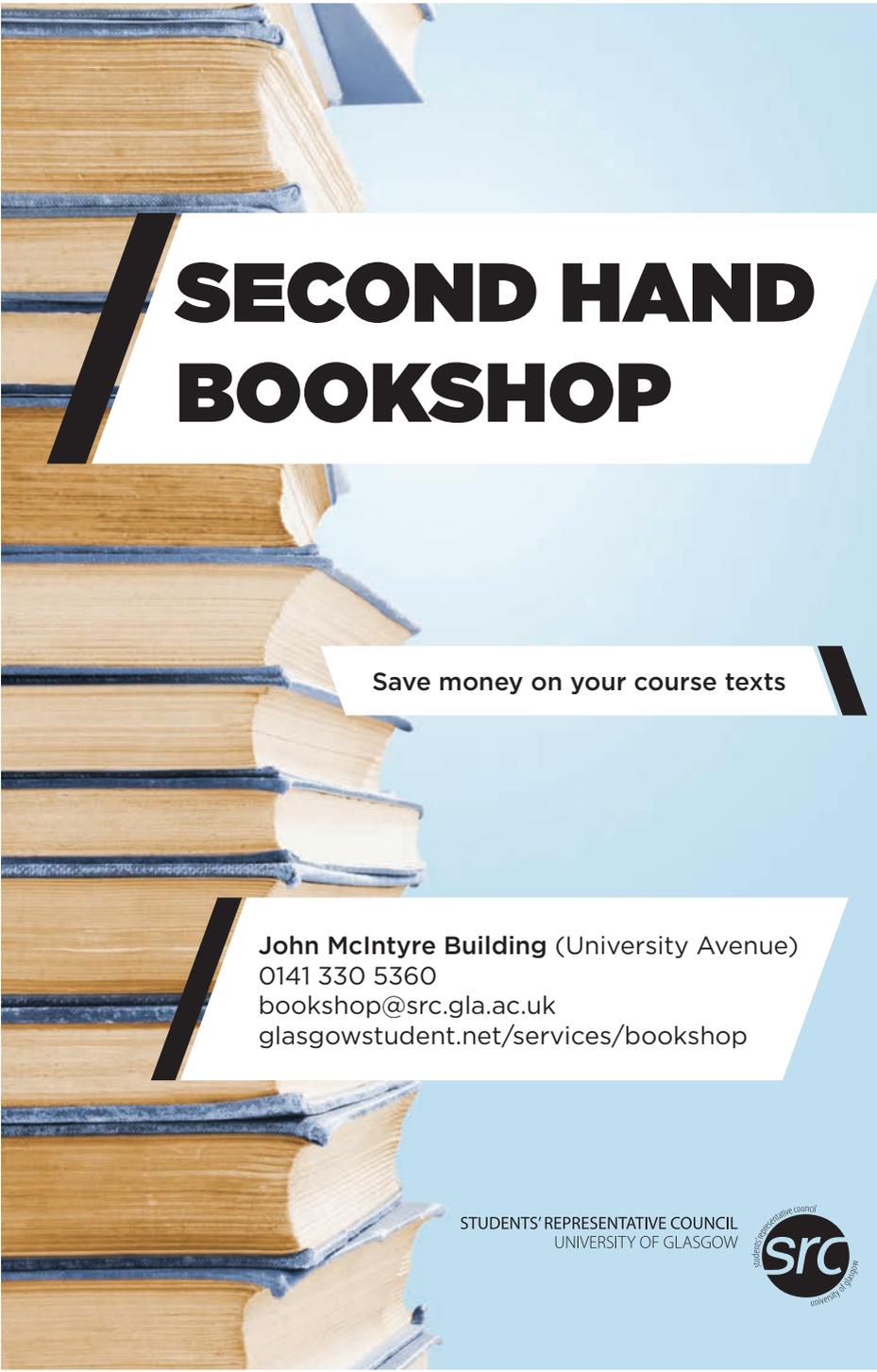
The Gilchrist also has range of food and snacks to keep you going. There are large study booths, perfect for group work, pre-or-post seminar.

The seminar room has capacity for 60 and can be booked out

for free by any postgraduate - whether it is for a conference, a reading group or a meeting.

The club also hosts different events and workshops throughout the year and have recently developed a postgraduate buddy scheme and peer-to-peer support group.

The popular space is open until 11pm during the week and 5.30pm at weekends.



SECOND HAND BOOKSHOP

Save money on your course texts

John McIntyre Building (University Avenue)
0141 330 5360
bookshop@src.gla.ac.uk
glasgowstudent.net/services/bookshop

STUDENTS' REPRESENTATIVE COUNCIL
UNIVERSITY OF GLASGOW



Sport

www.gla.ac.uk/services/sport

Sport at Glasgow is served by both GUSA (see page 16) and the Sport and Recreation Service (the SRS).

There are two main sites for sport at Glasgow, the Stevenson building (the Stevie) has a swimming pool, an activity hall, a cardio suite, a strength suite and squash courts. The facility at Garscube (about 40 minutes walk from campus) has similar indoor facilities (no pool though) with two all-weather pitches and a number of football and rugby pitches.

There are a number of free classes at both sites each day, with a good variety in the exercise they offer. Most take place inside but some will involve running around the parks and paths of the West End; at least the rain will hide your lovely sweat patches.

When students are surveyed about sport at uni, Glasgow does well - it's considered that



The Glasgow Taxis cup usually comes back to Gilmorehill

here, sport is inclusive, not too focused on elite athletes and that the gym offers excellent value for money.

That being said, the University have recently seen the need to



invest in sporting facilities, and a brand new multi-story extension is under construction next door to The Stevie. Currently, popular exercise classes can have huge queues outside, and many require you to show up 15 minutes early to guarantee a spot. The gyms can also get unbearably busy at peak times, and it's worth taking on board the advice from the SRS to use their facilities outwith peak times.

Membership costs £60 for the year, but is free if you're staying in University accommodation. Bookings of the activity hall can be made if you want exclusive use for five a side, basket-

ball or badminton and squash courts can also be booked out.

Most clubs have a small membership fee and are run by an elected committee of students.

Don't be worried if you've never tried a sport before, starting University is a fantastic time to pick up a different sized bat, ball or kayak. Most clubs aren't ultra competitive, the focus is usually on taking part and having fun.

Heading along to the sports fair in freshers' week is a good way to meet your future teammates.

Student Media

With four distinct media outlets at Glasgow, there's a wide choice for anyone thinking about getting involved. With one eye on life after uni, a career in the media often starts with an apprenticeship in student media.

All four of the student media groups are financed by the SRC and they're based in the John McIntyre building.

The Guardian

[*www.glasgowguardian.co.uk*](http://www.glasgowguardian.co.uk)

[*fb.com/glasgowguardian*](https://fb.com/glasgowguardian)

[*twitter.com/glasgowguardian*](https://twitter.com/glasgowguardian)

Production of a regular university newspaper: writing stories, adding in photography and illustrations and organising layout, design and distribution involves a coordinated effort by a dedicated team.

Content and direction is decided upon by a team of editors who pick up stories of national interest right down to issues on a particular course or area of the University.

The Guardian is an integral part of forming and shaping debate on campus as students



read, comment and contribute on the issues highlighted by the paper.

Subcity

www.subcity.org

fb.com/subcity.radio

twitter.com/subcityradio



Now entering their 20th year, Subcity are well known across the city for promoting and nurturing some of the brightest talent within Glasgow's lively music scene.

Opportunities to get involved range from hosting your own show to supporting the station as they broadcast from the studio and host live events and parties.

GUST

www.gust.tv

fb.com/gusttv

twitter.com/gusttv

Celebrating their 50th birthday this year, the oldest student television station hasn't let old age slow down its content.

Indeed, the station continues to perform well at NaStas - the National Student Television Awards, with a broad range of original content always going down well with the judges.

GUST has use of a studio on campus and spends the rest of the time filming elsewhere. Following filming, hour upon hour of careful editing in the editing suite ensures output is slick and professional.



GUM

glasgowuniversitymagazine.co.uk

fb.com/gusttv

twitter.com/gusttv

Each issue of GUM centres around a different theme as contributors fill pages with contemporary comment on a broad range of issues interspersed with large sections dedicated to photography, fashion and anything else that looks good.

Clubs & Societies

www.glasgowstudent.net/clubs

Over 200 clubs and societies are affiliated to the SRC with a broad range of interests covered. From campaign groups, to clubs based around a nationality or a language or societies dedicated to a particular hobby, it's unlikely you won't find something of interest.

The Freshers' Fair is the easiest way to find out what's on offer and chat to students currently involved. Don't despair if you miss it though, clubs are always keen to get new members onboard throughout the year, and the SRC run a second fair (the Refreshers' Fair) at the beginning of the second semester.

So what if your interest isn't served by the current crop of clubs and societies? It's easy to set up something new - all you need is a couple of mates to help you and a bit of time to collate documents in order to affiliate with the SRC. Once you've done that you're able to apply for grants and free room hire. Simple.

Oh and if you're wondering, there's not a huge difference between "clubs" and "societies", they're just known by the



The 2013 Freshers' Fair

two different terms.

Get involved, it's easy, it's rewarding and you're bound to make new mates.

For a full list of clubs & societies see page 98. Across the page are profiles of two popular societies to give you a little taste of what to expect.

Bad Movie Society

The Glasgow University Bad Movie Society is a cult set up for the consumption and appreciation of the worst that cinema has to offer.

In our second year we take pride in screening the cream of crap movies. From movies you may have heard of such as "The Room" to more obscure fare we screen, discuss and share B-movies of every genre and we welcome all enthusiasts and newcomers.



Celebrate and grow to love movies that are monuments to ambition outstripping talent... or a complete lack of talent at all. Dress code is casual, popcorn is salted.

Ross Van Gough
www.badmovies.co.uk

Willowbank Community Gardens

We set up the Willowbank Community Garden back in 2012 wanting to create a community space in which we could learn how to grow our own organic vegetables, traditional herbs and flowers.



We took over a disused piece of council land, and since then it has been transformed into a flourishing garden home to a range of different vegetables, herbs, fruit trees and flowers - all grown by our volunteers!

We hold weekly work sessions in the garden, usually every Sunday from 1-3pm, which is a chance for new volunteers and old to meet together in the garden, exchange knowledge, and get stuck in to some gardening.

Miriam Wilson
willowbankgarden@gmail.com

Volunteering

www.glasgowstudent.net/volunteer

volunteer@src.gla.ac.uk

Volunteering at Glasgow Uni is organised through the SRC's Student Volunteer Support Service.

Volunteering is a great way to get involved in your community outside the student bubble, to give something back and help bridge the divide that can sometimes exist between students and local residents. It can also build up your experience, give your CV a boost and is a great way to meet new folk from all walks of life.

Don't feel that you won't be able to volunteer because you're already very busy and won't have the time; within the opportunities available there are varying amounts of commitment required. It's more than likely there'll be something to fit in your busy schedule.

If you're going to be working with children or protected adults then you will probably have to undertake a PVG Dis-

closure Scotland check, which the SRC can do on your behalf - it's just a few forms to fill in to show that you are clear to work with such groups.

Volunteering usually shouldn't cost you anything (some overseas projects may require additional costs) - but if there are any local travel expenses associated with your post, the SRC will gladly cover them for you.

Be warned that volunteering at Glasgow is popular, and places fill up quickly - so if you're keen it's worth enquiring early.



The list below is just a small example of the volunteering opportunities on offer. The SRC are continually reviewing and adding to the programme. Please visit glasgowstudent.net/volunteer for a full list of opportunities and application details.

Local Community

Children's Hospice Association

Placement in a local charity shop on Byres Road.

Macmillan Cancer Support

A wide range of emotional and practical support to people with cancer, their family or carers.

Sense Scotland

Supporting young disabled people in the transition from school to adulthood.

Cornerstone

Volunteer with children, young people & adults with disabilities.

Elderly Befriender

A variety of roles with elderly people in Glasgow.

GU Service to the Homeless

Help homeless people living on the streets of Glasgow.

Young People

Classroom Support

Support for teachers in classrooms and an invaluable way of getting classroom experience.

Scouts & Girl Guiding

Chance to try new activities & visit new places while supporting young people.

SPLASH!

Supporting children with additional support needs during swimming lessons & hydrotherapy sessions.

On Campus

Nightline

A confidential listening service for GU students during term time 7pm-7am. See pg 83.

Conversational English

Help international students improve their spoken English.

Culture Club

Plan big international cultural events for students on campus as part of the Culture Club group, inc. Chinese New Year & Burns night.



Learn

...your degree

A quick four years after you start you'll be walking down the aisle in the Bute Hall about to collect your scroll, the culmination of your studies. Here's how to make it a little bit easier.

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Books & Resources

The Libraries

The main library, with its fancy new sign, sits bang in the centre of campus. With 12 floors and over 2.5 million books, it's one of the largest libraries in the country and a second home to thousands of students.

There are 7 other libraries around campus, some for spe-

cific subjects, but some, like the Adam Smith library, are open to all.

The generous opening hours of the main library can be a godsend in the run up to deadlines and exams, but the library can also get incredibly busy at peak times. Get in after 9 during the exam period and you run the risk of not getting a seat, especially one with a PC.



The library run tours and Q&A sessions throughout the year and the staffed desks will be able to help you out with any problems or questions.

The library's vast range of services, booking for tours and FAQ's are all available at **www.lib.gla.ac.uk**

Glasgow Uni is a member of the SCONUL Access scheme, allowing you use of other universities' libraries - particularly useful if you're wanting to study while back home. The library are also able to order in books from other institutions at no cost to yourself: **worldcat.org** is a useful worldwide catalogue.

Buying books

It can be tricky to strike the balance between buying books that'll be indispensable, and not wasting money on books rarely opened once bought. Try talking to your course convenor or students who have taken the course before to find out what you won't be able to live without. Once you've trimmed your reading list into a shopping list, there's a variety of places to buy books around campus.

The John Smith Bookshop

The University's bookshop is located on the ground floor of the Fraser Building. It's well stocked and convenient, although can be a bit more expensive than the alternatives.

The SRC Second Hand Bookshop

Located upstairs in the John Mac building, the Second Hand Bookshop is an easy way to find cheap texts for your course. The SRC sell books on behalf of students for a small commission so once you're done with them you can sell them on too.

Amazon

Amazon can be a good place for books, even second hand ones, but be wary of occasionally large p&p costs.

West End Bookshops

The West End has a couple of small and well loved second hand bookshops (**Voltaire & Rousseau** and **Caledonia Books**). They're both worth visiting for the smell alone and while they may stock your course texts, don't worry if they don't, you'll leave with something far more interesting instead.

Books & Resources

Resources

The internet will be invaluable to your degree, but you also run the risk of getting material that your lecturers won't like, isn't robust enough or is plain false. Reading lists you're given will be the quickest way of getting the information you need for your assignments; and try, if you can, to go beyond them.

Google Scholar is a good way of finding extra academic papers that are relevant. **Wikipedia** can be helpful for an overview of a subject, but never use it as a source, follow up the sources in the article and quote directly from them.

The library has subscriptions to all the major journal publishers, but you may only be able to access them on campus.



Student Services

The University and the SRC have a number of services designed to help and support you throughout your time at Glasgow. Here are some of the most important ones.

SRC Advice Centre

glasgowstudent.net/advice

The Advice Centre is staffed by professional advice staff who can help on a range of issues, from academic appeals to accommodation advice to money worries. The service is completely confidential, and wholly independent of the University.

Even if they're unable to help, they'll be able to point you in the right direction as to where to get the support you need. You can find them in the John Mac building weekdays from 11.30am to 4pm.

Disability Service

gla.ac.uk/services/disability

The Disability Service co-ordinate support for any student with a disability or chronic medical condition. Support can range from the loan of mobility scooters to extra time in exams.

Students with a disability or medical problem requiring support must register with the disability service. They won't pass on any sensitive personal data without your permission.

If you feel you may have an undiagnosed learning difficulty such as dyslexia or dyspraxia, then the Disability Service can arrange for an assessment to consider if you will be eligible for any support.

Student Services



Each school also has a member of academic staff who serves as the disability coordinator for the school, ensuring that adequate support and provision is being given across the University.

Careers Service

gla.ac.uk/services/careers

The Careers Service is here to help students find their way into employment after leaving uni. Hosting multiple careers fairs throughout the year gives students a chance to meet potential employers and discuss

what a job would be like. Mock Interviews and help with CV's is also offered, and it's never too early to think about what to do once you graduate.

International Student Support

gla.ac.uk/services/iss

Moving country to study can be daunting, and the International Student Support team can help with any visa and immigration issues you may have.

Student Services Enquiry Desk

The Enquiry Desk on level two of the Fraser Building is the first port of call for many students wanting to speak to a student service. They'll also be able to print you out a new student card if you've lost, damaged or eaten yours.

Nursery

gla.ac.uk/nursery

The nursery on Hillhead Street is run by a professional child-care organisation on behalf of the University.

There's a long waiting list for some age ranges, so if you're thinking of applying it's better to do it early. The nursery also recommend that you seek alternative providers of child-care in the event that they won't be able to offer a place.

The fees are currently £28.05 per day, there is a slight reduction if siblings attend together and financial help may be available through The Registry.

The Registry

gla.ac.uk/services/registry

The Registry are responsible

for the enrolment and registration of students, distribution of financial aid, Tier 4 visa requirements as well as organising examinations and graduations.

They're likely to be the first Student Service you encounter when you start University and play a vital role in ensuring a smooth transition through University.

Student Learning Service

gla.ac.uk/services/sls

The Student Learning Services work from the upstairs of the reading room, where they run a number of one to one sessions and group workshops to help students achieve their academic potential.

They have effective learning advisors for every college as well as providing dedicated help for anyone struggling with academic writing or numeracy.

Counselling and Psychological Services (CAPS)

gla.ac.uk/services/counselling/

See page 82 for more information on CAPS.

Wifi & I.T.

The University's computers are concentrated in the main library and the round reading room, although there are others dotted about throughout campus.

WiFi is also available in almost every building on campus, and the connection through **eduroam** means it's also available at lots of other universities across the world (without having to enter your username or password again!). Setting up eduroam is simple and only takes a few minutes, and once it's done, it's done. There are sheets explaining how to do it at the library service desk or at **gla.ac.uk/it**.

Generally the IT system holds up well and outages are rare. Turnitin, the plagiarism checking software is slightly more temperamental and does go down from time to time. If it goes down while you're trying to submit an essay, don't panic - there will be plenty more in your shoes. Email your course convenor or lecturer with the

details and still hand in your essay, even if it's just by emailing it to your lecturer.

Moodle

Moodle is the University's VLE (Virtual Learning Environment) a place for lecturers to upload learning resources and for you to engage in discussions surrounding your work and upload coursework. Not all lecturers or subjects will use Moodle to its full extent but it's not difficult to get your head around and you'll soon be spending plenty of time on it.

I.T. help

If you've got any issues with University I.T then the helpdesk on level 3 of the library should be able to help you.

They also run courses to get you up to a decent level of I.T. literacy. For more info check out **gla.ac.uk/services/it**

How to Study

Universities and schools are both places of learning, but apart from that they're incredibly different. The freedom you're afforded at uni gives more room for creativity and shaping your work, alongside a greater responsibility of getting it done in time.

Everyone has a different style of learning; spend a while



working out what works for you, the art of learning isn't something we're automatically good at, take your time and you'll be amazed at how much progress you'll make over four years.

Lectures

Lectures will likely be the main source of getting material in your course. Attendance is unlikely to be compulsory, but missing too many can quickly put you far behind.

Once exam time comes around, having notes that are easy to follow will make your life an awful lot easier. Recap- ping over your notes regularly during the semester, can help material stick, and it's amazing how quickly a page of notes can become illegible. If your lecturer provides hand outs prior to

How to study

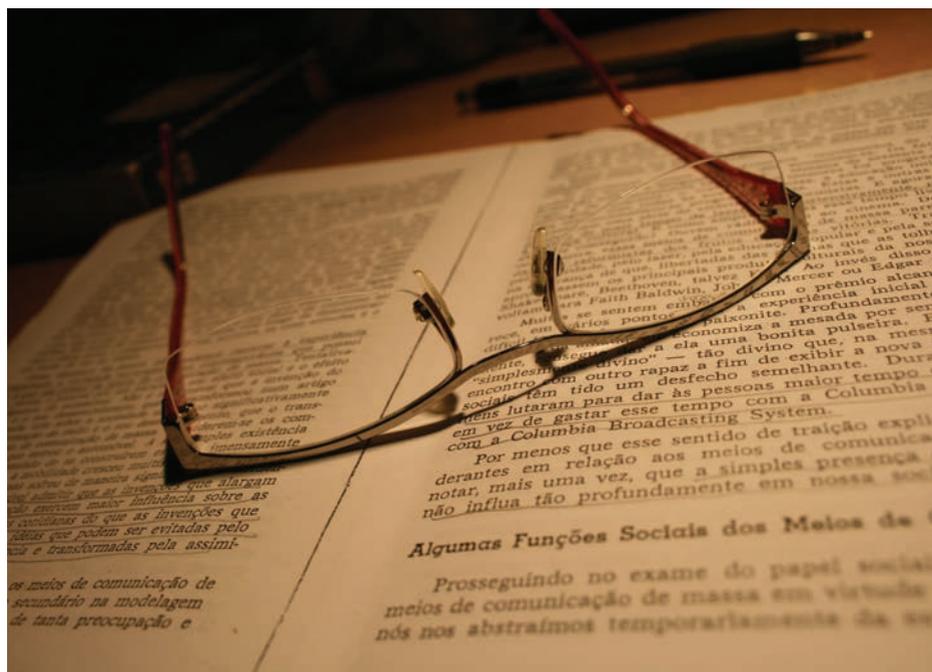
the lectures, try to print them out so you can annotate directly onto them.

Many lecture theatres (especially the old ones) don't have readily accessible power so be aware if you're planning to take notes on a laptop or tablet.

Tutorials, seminars and labs

Depending on your course, you'll probably have a series

of smaller sessions to attend alongside lectures. Missing these is frowned upon and they usually have attendance requirements. They're a valuable way of consolidating knowledge and don't be shy to speak up, tutorials depend on the active participation of the class and a vibrant tutorial group can add a huge amount to your understanding of, and interest in a course.



Exams, Essays & Coursework

Handbooks

Course handbooks are given out at the beginning of every course. Offering an overview of the content and assessment, they're a useful reference point throughout.

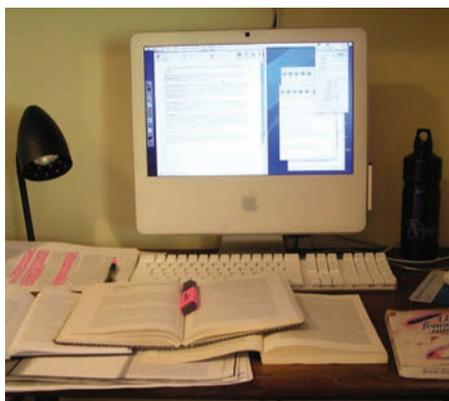
Inevitably, some are better than others, but keeping one close by ensures your studying stays aligned to the general direction the lecturer intended. They're underrated by many students as a helpful study tool!

Coursework

Most coursework will be individual, but occasionally you'll be working in a group.

It's easy to pretend your deadlines are abstract concepts but before you know it they'll arrive and you'll be unprepared. If you can, try and make a list of all your deadlines early on in the semester, and plan time as to when you'll be able to work on various assignments, bearing in mind that it always takes longer than you think to tidy up work at the end.

Diving into writing will likely see you run out of steam, and the lack of structure will hurt your marks. Take time to research, plan and structure your work, using the reading lists to guide your research. If you can, go beyond them - it's likely to impress the marker.



Exams, essays & coursework

Feedback

You should be given feedback on any piece of work you hand in within three weeks, although it occasionally takes longer. Try to resist the temptation to get your mark and ignore the comments. Acknowledge both where you did well and where you could improve, and bear these things in mind when you approach your next piece of work.

If you're unsure of why you're being marked down, or you don't understand what your marker's written, try to catch them during their office hours and ask them to go through it.

Plagiarism

With every piece of coursework you hand in, it'll be accompanied with a signed declaration that you haven't plagiarised in the writing of your work.

Plagiarism is the 'wrongful appropriation' of another au-

thor's work. It can take many forms and it's not just copy and pasting paragraphs that will get you in trouble. Essentially, anything that isn't entirely your own work must be referenced. This includes any quotes you've paraphrased, reworded or creatively borrowed. In addition, anything you've written and handed in before can't be submitted again, that's known as self-plagiarism, and you can get pulled up for that.

Some courses use Turnitin, a piece of web based software that will run your essay against other essays, online sources, books and journal articles to see how much of your work is from other sources. It's an arbitrary measurement, and there's no such thing as a 'perfect' Turnitin score, if you have a high percentage that can be fine as long as everything you've written has been properly referenced, but watch, as a high score could indicate that some of your work is plagiarised. Don't ignore your Turnitin score - seek help from the



Don't throw your degree away - use our tips to make the most of studying

staff on your course before you submit work.

Each subject has different rules on how they want referencing to be done, and it's worth taking some time reading over the style sheets - it should be mentioned in your course handbook.

Referencing can take longer than you think and it's worth doing a little bit as you go along, there's nothing worse than having to try and remember what book you got a quote from as the deadline fast approaches. There's some useful websites that can help with referencing, **easybib.com** is one.

If you've been accused of plagiarism and are being called in to discuss it, make sure you

go to the SRC Advice Centre as soon as you can to discuss the procedure.

Good Cause

If you're likely to miss a deadline or an exam because of illness or some other adverse personal circumstances then you must submit notification of good cause on MyCampus within 7 days and provide a Doctor's note if appropriate.

You can't be given marks for work you haven't submitted and you won't be given higher grades for work that is affected by illness or other adverse personal circumstances. However, it's likely you'll be offered the chance to resubmit any affected work.

Exams, essays & coursework

Exams

Exams will take place at the end of your course, either in December, or in April/May. You may be able to get away with some last minute cramming in your first year, but to achieve your academic potential, it's worth planning ahead and starting your preparation far in advance. Good notes from your lectures will help you with this, but so will going over your course work and referring back to lecture slides and the reading list.

If you're taking notes on a computer all year, it can suddenly be daunting to have to sit and write for a couple of hours, so try and practice long stretches of writing before you get to the exam.

Getting caught cheating by the University will lead to your marks for that course being invalidated, and could see you expelled; it's really not worth it.

Academic Appeals

Academic appeals aren't there to be used if you're just unhappy with your grade; instead they're for students who feel that either good cause, or an unfair or defective university procedure affected their grades. See the SRC Advice Centre staff if you feel you'd like to make an academic appeal.

Backing Up

Both Dropbox and Google Drive, if installed properly on your device, will automatically back up your work as you go along. They also allow you to access it from anywhere. Using a portable USB drive is better than nothing, but they're known for failing. Officially, the University won't grant extensions in cases of computer failure, so adequate backing up of your work is vital.

Choosing & Changing Courses

Ancient Scottish universities, have four year degrees so for most students this is two years of non-honours, and two years of honours.

The two years of non-honours is a good opportunity to develop a learning style that suits and to get any bad habits out of your system. It also gives you the opportunity to move your studies around, it's not unusual to graduate in a degree you didn't apply for four years previously.

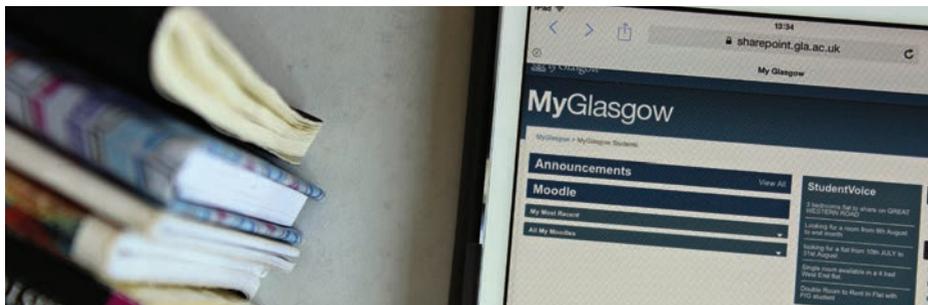
MyCampus

MyCampus is the University's

data management and student record system.

Courses that are compulsory in order to enter honours in a particular subject will be listed in MyCampus as 'My Requirements'. After these are selected, there's usually a fair amount of scope for choosing other courses. If you want to change your plan, or it's incorrect, then you must discuss it with your Adviser of Studies.

The Registry's website has helpful video guides about using MyCampus self service facilities.



Student Representation

The SRC are dedicated to ensure the University's commitment to improving the student experience isn't just corporate lipservice.

The sabbatical officers who head up the SRC have regular meetings with Senior Management to pass on any concerns of the student body.

But it's not just at the top where the SRC look to push forward change. There are a network of students across the University that seek to improve your student experience.

Class Reps

Class Reps are the most local level of academic representation, the eyes and ears of the SRC on the ground. Any student can become a class rep and you'll receive training from the SRC to help you fulfil your role.

You'll be expected to attend one SSLC (Staff Student Liaison Committee) per term taking with you the views of your peers about their course and to feedback any decisions made.

The role can be incredibly rewarding and is recognised on your University transcript through the Higher Education Achievement Report (HEAR).

School Representatives and College Conveners

School Representatives and College Conveners sit on the SRC council and are elected for the role by students in their respective school or college. They take any issues affecting the school or college to SRC council meetings as well as meetings with staff. Full contact details can be found on page 109.



The 2013/14 SRC council in their posh frocks & robes

Welfare Officers

Alongside the school and college conveners, there are a number of welfare officers within the SRC dedicated to ensuring all students are treated equally and fairly while studying at Glasgow. Again, their contact details can be found on page 109.

The Rector

The Rector holds one of three student seats on the University Court, the committee that decides the resource allocation and strategic priorities for the University. He or she serves a term of office for three years and is elected by all students.

The current Rector is Edward Snowden who was elected in February 2014.

Complaints

If, for any reason, you're not satisfied with the level of service provided or the behaviour of a staff member, then you can submit a complaint to the University. Help is available from the SRC Advice Centre to put together a complaint.

Complaints don't necessarily have to be made in writing but it can be useful to do so to keep an accurate record of correspondence. There's a form available for download from the University website and if you feel your complaint is complex, you can go straight to stage 2.

Stage 1

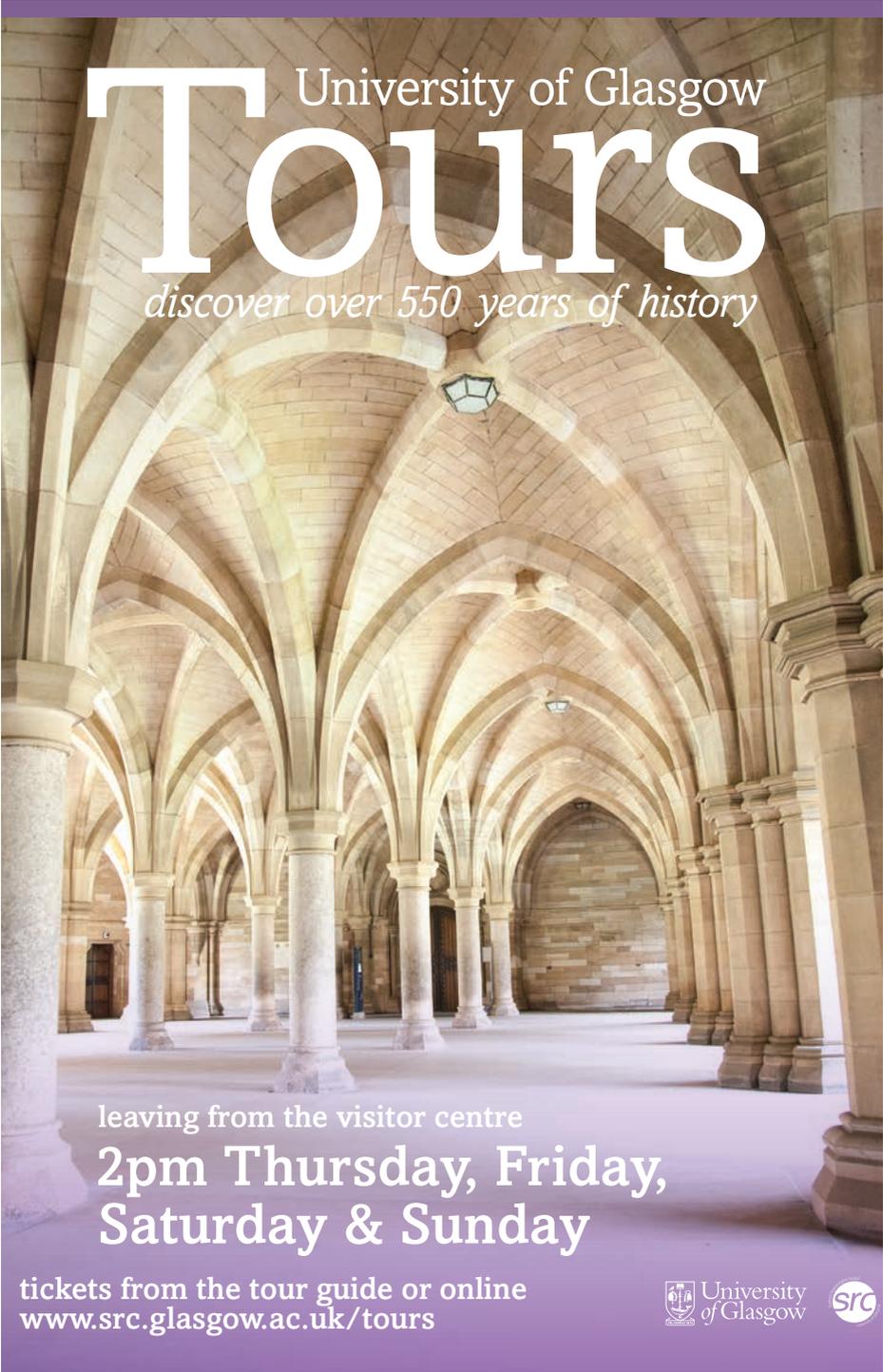
This means raising a complaint with the service or member of staff concerned and receiving a response to stage 1 in five working days or less, unless there are exceptional circumstances.

Stage 2

If you're unsatisfied with the response from stage 1, or you feel that your complaint is particularly complex, stage 2 is where a member of University staff (disassociated from the area under complaint) will undertake a detailed investigation of the complaint and issue a final response within twenty working days.

If you're still unhappy with the resolution, you may refer the University to the Scottish Public Services Ombudsman

See www.glasgowstudent.net/advice/academic/complaints/ for further information and help regarding complaints.



University of Glasgow Tours

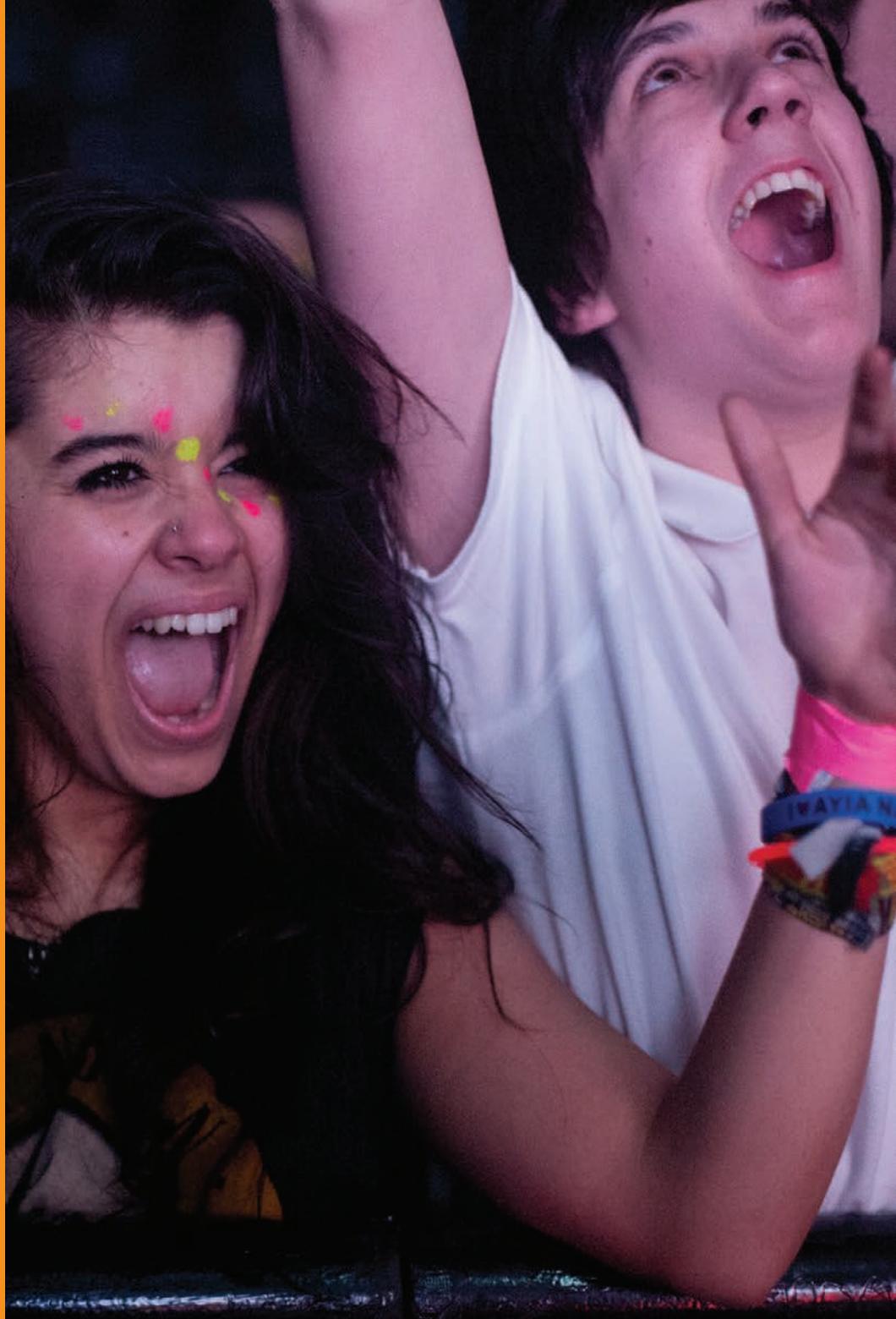
discover over 550 years of history

leaving from the visitor centre

**2pm Thursday, Friday,
Saturday & Sunday**

tickets from the tour guide or online
www.src.glasgow.ac.uk/tours





Play

...In Glasgow & Scotland

Glasgow has a distinct, vibrant and bustling cultural scene, enough variation to keep you interested, good enough to keep you going.

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Live Music

Glasgow is up there with the most fertile spots on planet earth with regard to live music. Sure, it's not as big as London, New York or Los Angeles, but right across the city there's a whole world to discover and embrace. If you like your gigs, you've chosen a fine place to call home. Here are some of the very best for you....

The Barrowlands

First up, the hallowed Barrowlands. A 15 minute walk east from St. Enoch Station you'll find one of the most popular and loved venues anywhere in the world. Opened in 1934 and originally used as a ballroom, the venue has tremendous acoustics, a retro feel, and - on one of those special nights where it's at its 2000 person capacity - a strikingly intimate, sweaty vibe that truly deserves to be called unique. A must visit during your time here.

Bar Bloc

Bloc on Bath Street would be lucky to cram 200 through its doors - never mind 2000 - but offers high quality live music every night of the week at no cost to you or your pals. Equally suited to the most delicate of folk singers and most hardcore of punks, they also run a kick-ass Open Mic on Sunday nights. You can even get pizza right up until closing time at 3am, and when was that ever a bad idea?





Mono

How many live music venues do you know that also contain an in-house record store, book store and visual art space and a vegan restaurant? Not only that – there’s some seriously great shows to be witnessed here, it’s a favourite venue of Synergy Concerts who are on a mission to bring some exceptionally cool cats to the West of Scotland.

Nice ‘N’ Sleazy

A Glasgow institution, no less. Great for White Russians at

2am on a weekend, a midweek show from your favourite unsigned band, an impromptu visit to a northern soul club night, or testing out your own material for an attentive audience at the Sleazys open mic (Mondays, this time).

... and what of the rest?

The Hydro is new to Glasgow and has been visited by everyone from Vampire Weekend to Fleetwood Mac to Queens of the Stone Age to McBusted. **King Tut’s Wah Wah Hut** is another famous spot where Oasis were signed by Alan

Live Music...

McGee. Occasionally they do something brilliant like get the Manic Street Preachers in to headline, or get Biffy in for an acoustic show, so keep your eyes out for that.

Mono's sister venue **Stereo/ The Old Hairdressers** are conveniently located together on Renfield Lane, offering a varied and inevitably ace selection of live music, club nights and art installations, while **Broadcast** is a popular spot for smaller touring acts to hit up, and the gig listings are worth keeping

on top of for that reason – some absolute belters every month.

If you're in the south side **The Glad Café** is fast building a reputation as one of the best small venues in the city, and finally **The 13th Note Café** (great vegan food, best chips in the city) is the smallest of all the mentioned venues but all the more charming for it. Get 40 people in that basement and it feels busy, get 80-100 and you've got yourself some she-nanigans.

One of Scotland's best music venues - not to miss



Bars & Pubs



There's a wide variety of bars, pubs and clubs across the city. Some are better for whiling away the hours in front of an open fire, safely away from the drizzling rain, others louder, bustling and busy.

The heart of a city can often be found in its pubs, and it's fair to say Glasgow's are (on the whole) welcoming and vibrant. Step on in, and get yourself a dram.

West End

The West End is chock-a-block crammed with bars of all kinds. Along Great Western Road you have **The Roxy 171**, a great wee live music venue that also runs a music quiz, great drinks deals and fresh food to boot. **The Squid And Whale** is a breath of fresh air, an inventive and attractive interior with an affordably genius food menu - you just have to eat there at

Bars & Pubs

least one time. **Inn Deep** sits on the banks of the River Kelvin, in the winter you can drink and eat under the heated arch and in the summer sit by the river. They have loads of Williams Brothers beer and their burgers are mouthwatering.

Towards Byres Road, **Hillhead Bookclub** on Vinicombe Street is situated in an old picture-house, and you can get a giant cocktail in a gramophone if you're feeling bold. Ashton Lane gets busy and expensive

on weekends but is worth a visit, its cobbled streets host to some excellent bars, **Jinty McGuinty's** is a cool wee Irish joint with a top notch beer garden, and what **Vodka Wodka** loses in naming abilities it makes up for in cocktails - you'll get to know a kamikaze very well.

Down Woodlands Road, **The Arlington** is probably the smallest and cheapest pub in the West End, which in itself gives you an excuse to stop



there for a drink on your walk into town.

Finnieston Strip

Finnieston, the stretch south of Kelvingrove Park, has gone through a real renaissance period in the past few years, for a long time overlooked by Glaswegians, these days you can barely move for artisan chip shops and trendy bevvie hotspots. In true Glasvegas style it's been dubbed 'The Finnieston Strip', which has fewer casinos and rollercoasters than it's Nevadan sister, but it's closer to Glasgow University and is easier on your wallet. All the pubs around here are worth checking out - but here are some tips.

Brewdog, opposite Kelvingrove Museum, is a handy starting point, with a constantly changing selection of craft beer and plenty of board games. From there **Firebird** is a grand place, with wood-fired pizzas and Glasgow's own WEST beer on tap. The dimly lit **Kelvingrove Café** is close by, offering a unique cocktail menu unsurpassed in the

area. Order a cocktail in the **Ben Nevis** and you'll be served a 12 year old Bowmore with a splash of water - but don't be put off - jump in for one of the more intimate drinking sessions you'll have. Next up take a wee detour onto Sauchiehall Street where you'll find **Big Slope** on the corner, alpine interior meets tremendous pub grub for one of the best pubs in the West End. Equally enjoyable on a dark winter day and also for sitting in the outdoor suncatch in mid-June. You can pop into **The Grove** on the way back down to Argyle Street, grab a pint of Tennents and watch the horse racing, and across the road from there you've got **The Finnieston** and **Distill** which are both worth a visit. Your time, by this stage, is surely coming to an end, but **Lebowskis** is round the corner, with a phenomenal White Russian menu and some seriously good burgers.

Town

The city centre is where the majority of clubbing happens in the city. **Subclub** has a reputation for bringing the finest

Bars & Pubs

DJs and artists from all corners of the globe to Glasgow, on what they assert is “the finest sound system you will hear in Scotland, or pretty much anywhere in the world”. If you want indie classics, drinks promos and flannel shirts, **ABC** ticks those particular boxes pretty well.

The Art School union, recently

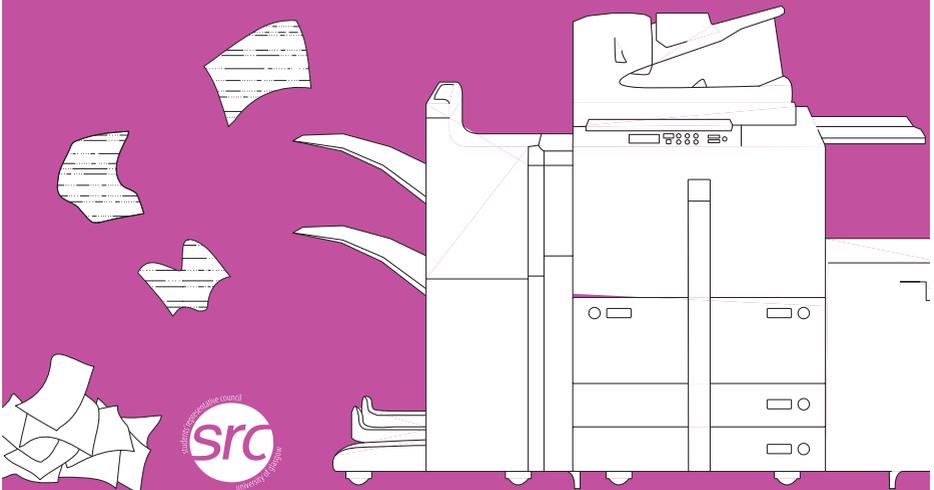
re-opened, hosts a plethora of inventive club nights - check out Freaky Freaky at some point for a wee dance with your pals. **The Buff Club**, sits on the cooler end of cheese, with soul classics & disco forming the backbone of their playlist.



printing & binding

(and copying, scanning,
laminating, faxing...)

cheapest
in the
west end



welcome point – john mcintyre building

Museums & Galleries

The majority of museums across the city are largely free to enter, as museums should be.

Kelvingrove

The Kelvingrove Art Gallery and Museum - along with Glasgow University - are two highlights of Victorian architecture in Glasgow. The Spanish Baroque inspired building was opened in 1901 as the centrepiece of the Glasgow International Exhibition, and continues to amaze thousands upon thousands of visitors as the most popular free-to-enter tourist attraction in Scotland. The main draw is Salvador Dali's 'Christ of Saint John of the Cross' but there's plenty to keep you occupied for a whole day, visit regularly for inspiration - it's not far!

Gallery of Modern Art

Established in 1996 the Gallery of Modern Art (GOMA) has hosted over 7 million visitors since its inception. Located in the former townhouse of a wealthy tobacconist in Royal Exchange Square, it's full of playful and thought provoking exhibits that will really get the cogs turning upstairs. Recent highlights include material by Andy Warhol and David Hockney, as well as the quintessentially Glaswegian 'City Recorder' exhibit by our most loved Alasdair Gray.

The Riverside Museum

Glasgow's newest museum, the Riverside Museum, replaced the old Museum of Transport and offers a compelling insight into an important facet of life in Glasgow from its days as the

centre of British shipbuilding to the present. It even houses Skateboards and Vintage Cars and - until recently - offered more useful trams than Edinburgh.

The Burrell Collection

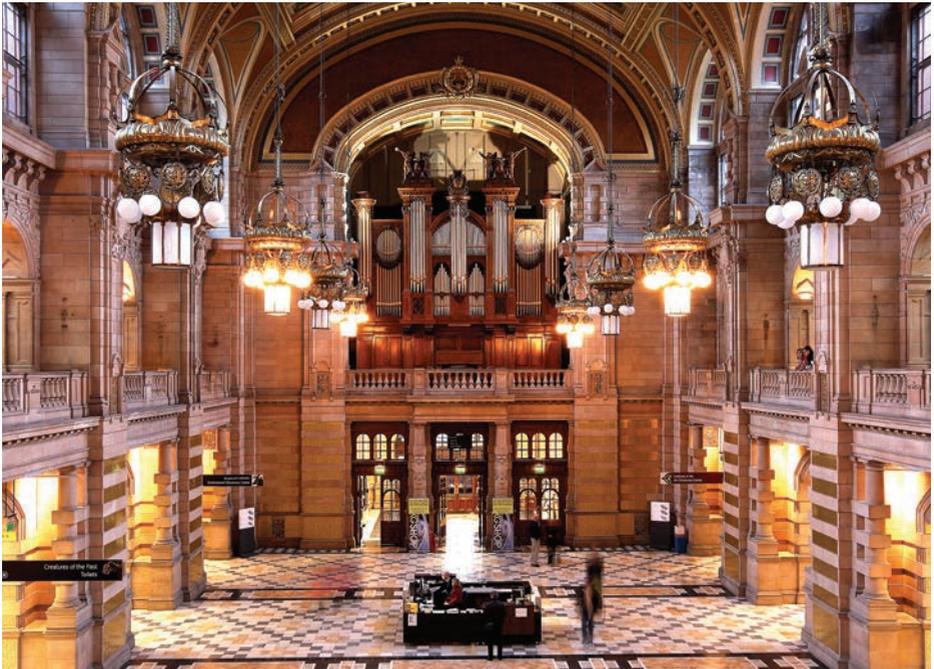
If you take a trip to Pollok Country Park in the south-side - which is a lovely spot in it's own right - you'll find the Burrell Collection, a majestic collection, which displays a broad range of art and objects from the late medieval period to the modern day. Their site

boasts of "major artists including Rodin, Degas and Cézanne" as well as Chinese, Islamic and Egyptian pieces.

The collection belonged to a wealthy shipbuilder, Sir William Burrell, who bequeathed it to the city on his death, wishing to have it housed in a building surrounded by countryside. Located where it is, you quickly forget you're in the middle of a city.

The park is accessible fairly easily by bus and the Shawlands train stations.

An eclectic collection in a wonderful building forms the Kelvingrove museum



Theatre

As the biggest city in Scotland, Glasgow attracts all sort of theatre, from professional productions and Broadway musicals to grassroots community projects.

The Kings Theatre on Bath Street is at the top end - showing anything from Spamalot to West Side Story. **The National Theatre of Scotland** are based in Glasgow, but have no stage of their own - preferring to take their stories across the city, and country.

Likewise, **Scottish Opera** calls Glasgow home - based out of the Theatre Royal they offer £10 tickets if you're under 26 - a ridiculous price for the talent

you see.

The Tron Theatre is a vibrant creative hub, showing original productions as well as bold adaptations of old classics - as well as Shakespeare and Dylan Thomas, there was a production of Joyce's Ulysses last year, and they said it couldn't be done!

Finally, **Citizens Theatre** has a distinguished, and long, history as a Glasgow theatre company. It's productions are varied, and their own shows and various touring company's are performed in one of three spaces in their building just south of the Clyde.



Cinema



Everyone loves the pictures, a great source of entertainment on a rainy day, of which Glasgow has plenty.

Cineworld

We have the tallest cinema in the world, standing at 62 metres high at Cineworld on Renfrew Street, probably the pick of the multiplex facilities across the city. If you really like the cinema, and a bargain, then you might want to investigate the unlimited pass which lets you go to every film you want, whenever you want for a monthly fee of £15.90. Go three times a month and you're making money, go ten times a month and you're winning. Be warned that though the contract is a full 12 months - not just for winter.

Glasgow Film Theatre

Glasgow Film Theatre is one of the best independent picture-houses in the UK, a not-for-profit organisation that offers a dedicated all year-round programme of the classics of world cinema and contemporary art house films. Hosting previews by Wes Anderson and Michel Gondry in the past year, you could no doubt argue this is the centre of Scottish cinema.

The Grosvenor

The Grosvenor Cinema in Ashton Lane is another option, with close proximity to bars and restaurants - as well as the option of hiring a sofa - it's the perfect place to go with a big group, or with that special someone.

An Orange sim card will get you 2 for 1 tickets on Wednesdays - always useful, and makes the cinema cheaper than a pint.

Eating out

(and takeaways)

Glasgow's multicultural nature lends itself well to eating out, and it's nice to treat yourself once in a while. Here are some cool spots.

Breakfast

Breakfast is the most important meal of the day and so wonderfully tasty to boot. **Paper-cup** on Great Western Road do a beautiful baked eggs dish, and you can wash it down with the some of the best coffee in the city served by very friendly staff. It's a tiny wee place and can fill up quickly but it's 100% worth it. **The Rio Café** at Partick Cross, with it's old fashioned booth layout does a cracking - and entirely affordable - fry up, and also pancakes.

For something simple and greasier try the **Great Western Cafe** on Great Western Road (surprise!) opposite Sainsbury's local. The food is good and no frills - a full Scottish breakfast will start off your day with stomach close to bursting.

Lunch

Forgetting your packed lunch doesn't mean you'll go hungry all afternoon, there are plenty of places for lunch around campus.

The Crypt, underneath the Wellington Church, is gently run by volunteers and open every lunch during term time. The food's basic but tasty, it's cheaper than the University catering, and the soup is superb.

Hidden away on Otago Lane, **Tchai Ovna** is known for its hundreds of different tea varieties, but it's a decent spot for lunch, with a number of sandwiches and falafels on offer. If you fancy it, a hired shisha pipe goes nicely with a cup of tea as you bring in the afternoon.

Il Cappuccino, on Great Western Road has no space to sit and rest your weary legs, but their spicy wraps, ciabattas and rolls have inventive and peculiar fillings that sound strange

and taste just right.

Dinner

The 78 on the Finnieston Strip veers more to the ethical side of the culinary scale, who knew everything could be both vegan and delicious? Get a Chickpea and Sweet Potato burger with a side of chips and feel good about yourself, rake in that karma.

If you like Indian then you need to get yourself to Mother India Café for the finest Indian Cuisine in the city - it's a tapas style menu so you can try a little

of everything - it's great value for what are quite substantial portions, your only trouble will be resisting the temptation to go every week. They don't do reservations, and a wee queue of people waiting excitedly outside is the norm.

For a taste of Scotland, Stravagin claim to have their "finger on the foodie pulse" and it would be hard not to emphatically agree. Staple dishes like Haggis, Neeps and Tatties, and Fillet Steak are elevated beyond their simple parameters and there are a wealth of locally sourced treats - a chamber of excellence all round.



Shopping



Whether you like shopping or you don't, you'll need to do it at some point. The internet has made it easy to get things delivered even to the most remote village, but how will you know how to wear it?

The zigzag that starts on Sauchiehall Street, goes down Buchanan Street and then down Argyle Street is the proper shopping district in Glasgow, there truly is no better place to shop 'til you drop. It gets busy and tiring on the old legs, so stock up on energy by eating free pretzel samples on the bottom floor of Buchanan Galleries - swap jumpers and wear funny glasses to disguise yourself and you'll get extra

samples. Good luck!

Merchant City is the best place to buy designer, so if you've been working hard and can't wait to spend £200 on a scarf then that's your best bet.

There a few clothing emporiums dotted about the West End, most of them vintage shops, and the best one is **The Glasgow Vintage Company** on Great Western Road. It doesn't matter if you want to dress like a punk or dress like your grandad (tip: be yourself and dress how you want), this place gets in some gems at some rather good prices.

Live Sport

Football

The Glasgow sporting narrative is often dominated by Celtic and Rangers. Tickets to see both are usually easy to get hold of, but less so for Champions League and cup games. Wearing the colours of either side brazenly around town is ill advised, both teams have territorial fans who may not take kindly to you.

Partick Thistle are Glasgow's other team, they play within 5 minutes of Murano Street halls at Firhill and do student deals.

The Scottish national team used to play in major tournaments like World Cups and European Championships, although they retired from such exertion in 1998, preferring to have the more traditional summer holiday enjoyed by you and I. Recently they appointed Gordon Strachan as manager and have vowed to try harder, so why not take a trip to Hampden Park south of the river to see Scotland do their thing? A packed Hampden singing the national anthem



Live Sport

could always do with another hearty voice.

RUGBY

The city's professional rugby team - Glasgow Warriors - recently relocated to Scotstoun Stadium in the west, and they're pretty darn good. Runners up in the recently rebranded Guinness Pro 12 last season they'll be aiming to top the table this year. Also keep an eye out for the IRB Sevens which comes by Scotstoun once a year, usually in the Spring, and is a great weekend out.

The national team are frustrating, plucky losers one week, lucky winners the next, and embarrassed the week after that - they play their home matches at Murrayfield in

Edinburgh so you have the whole train journey home to really let it sink in. Tickets for Six Nations games can be tricky to get hold of. If you're keen to see the national team play, then tickets for the Autumn internationals are in less demand.

EXTRA SPORT!

The Emirates Arena, newly built for the Commonwealth Games in the shadow of Celtic Park, is a first class facility that contains a velodrome and plenty of other first class sport. The short term legacy of the Commonwealth games is the hosting of international Judo, Badminton and Gymnastic competitions, so it'll be worth keeping an eye on their listings.



Green Spaces



Here's an interesting titbit for your bureau of interesting facts: Glasgow's name derives from the Scottish Gaelic for 'green place'. 2014 Glasgow continues that ideal, home to several public parks that are wonderful places to kick back and relax, exercise or just get some fresh air.

An obvious suggestion, but sometimes it's easy to take the nearby **Kelvingrove Park** for granted. The summer crowds and their portable sound systems a downside but it's a beautiful, well maintained space that other cities can only be envious of, offering great views of the city towards the Clyde

and beyond. There's a duck pond too, a child's playground and a skatepark.

The 2014 Commonwealth Games meant that the city council finally managed to renovate the iconic Kelvingrove Bandstand, so keep an eye out for concerts in the great (cloud free) outdoors.

Along Kelvinbridge Subway Station, past Inn Deep, you can take the **Kelvin Walkway** path all the way to the **Botanic Gardens**, the path itself is hidden away by the river, a tranquil jaunt which is sheltered and calm.

The Botanics, also easily accessible from Byres Road, are a tremendous place to hang out, with it's meticulous herbaceous borders and greenhouses catering for those with an interest in nature. The park offers one of Glasgow's finest spots for sunbathing (you'll not believe that in January though).

South of the Clyde there's a fine duo of grassy plains: **Pollok Country Park** is 146 hectares of quiet sanctuary, with extensive woodlands and garden areas. It's the only country park in the city and is worth a visit in it's own right - not to mention the fact that it houses the famous Burrell Collection.

Nearby **Bellahouston Park** has a plethora of interesting

places - Charles Rennie MacIntosh's House for an Art Lover can be found here, along with allotments, a sculpture garden, an outdoor cycle track and Glasgow's most popular dry ski slope.

Finally, the aptly named **Glasgow Green** - the oldest of the city parks, located to the east of the city centre. It's had a massive makeover for the commonwealth games, having been used as a big outdoor focal point for the thousands of visitors to Glasgow this summer. The park is home to the People's Palace, an area of horticultural excellence - and it's proximity to the town centre makes it a handy place to escape from the madness of the city.



Further afield

Exploring Scotland isn't difficult, and once you start - you'll quickly find it addictive. The 282 Munros, mountains over 3000ft, stick out all over the landscape. The most well known is of course Ben Nevis, Britain's highest mountain, and the closest to Glasgow is Ben Lomond.

For the occasional day walk, or a week long adventure, the

West Highland Way runs from Milngavie to Fort William, it's sections are easily accessible by public transport and it's well signed - no maps needed. A little more challenging is the Great Glen Way, from Fort William up to Inverness.

Up the coast from Edinburgh, the East Neuk of Fife is one of the most picturesque spots in Scotland. Crail and Anstruther



Loch Lomond



Sound of Taransay, Harris

are cool seaside spots, if you go to Anstruther get some world famous Fish 'n' Chips. St Andrews is famous for golf and being frequented by the royal family, but it also has a beach and the oldest University in Scotland - the whole place is steeped in tradition.

The Highlands of Scotland are a bit more of a trek to get to, but 100% worth it. On the way up, Perth and Stirling are worth stopping at, the latter has an impressive castle which you can see from the motorway, and further up the road Kenmore on the banks of Loch Tay is a bonnie stop off. Next up, Inverness and Loch Ness - home to the infamous Loch Ness Monster. It looks like a combination of a common garden snake and The Very Hungry Caterpillar, and attracts thousands of tourists every year.

20 miles along Great Western Road is Loch Lomond, the largest stretch of inland water in Great Britain. There's plenty to see and do - including watersports and boat tours and one of Scotland's two naturist beaches on the Loch's island of Inchmurrin. The east side of Loch Lomond is quieter and prettier, away from the busy road and occasional jet ski of the west.

The Hebrides are a vast group of islands off the west coast of Scotland - comprised of the Inner and Outer Hebrides, rich in geographical wonder. All over Glasgow you'll see adverts showing off the beaches on many of the islands - it's no joke - on a clear day in the summer you could mistake Harris for Thailand. It's obviously more of a commitment to get out all the way west, but ferries to most of the islands run from Oban if you fancy.

Skye is one of the easiest to access, it's a 6 hour drive from Glasgow that runs up west of Loch Lomond (and there's a bridge, so no need for a ferry), and its jagged peaks and spectacular coastline make it worth a trip. A tour around the Talisker distillery comes heartily recommended too.

Wild camping in Scotland is legal, free and highly recommended. There's nothing quite

like opening your tent to have Munros and lochs staring back at you. Alternatively there's a wide network of B&B's and youth hostels. Bothies are another option; small shelters, often little more than four walls, a floor and a roof - they're scattered across the country and maintained by the **Mountain Bothy Association**. Just make sure you leave them in the same condition as when you arrived.



Old Man of Storr, Skye



Live

...life as a student

Life as a student may be a big change from how you've lived before. Here are some tips to make the change as easy, and smooth, as possible.

<i>Transport & Getting around</i>	<i>74</i>
<i>Food</i>	<i>78</i>
<i>Health</i>	<i>80</i>
<i>Money</i>	<i>88</i>
<i>Accommodation</i>	<i>91</i>

Transport

Glasgow's transport links make travelling around the city fairly easy. It's possible you'll spend 4 years in the city never having seen little past the West End and the city centre, but if you're wanting to venture further - it's not difficult.

Subway

With just the one line running in two directions, it's impossible to get lost. Getting on the wrong way means you'll still get to your destination, just a bit later.

Getting and registering a smart card (they're free from spt.co.uk/subway) means you'll be able to add credit and use it whenever you need at a slightly cheaper rate than just buying a ticket.

The subway is good for getting into town from the West End, and for getting to just over the Clyde, but it's of limited use if you want to travel further.

Buses



The bus network is a tangled mess of various operators all running different routes, for different prices, at different times. For a comprehensive overview see spt.co.uk/bus

Taxis & minicabs

With a lack of decent public transport after dark, getting a taxi or a minicab back after a night out tends to be the norm for many students. With a group of you it's a cheap way of travelling, although the taxi queues in town at the weekend mean you may be quicker walking. **Network cabs** are the

most popular minicab provider and are reasonably priced.

Cycling

Glasgow's a good city for cycling - relatively flat, with wide roads and a level of traffic that isn't completely overwhelming.

Infrastructure for cyclists is improving all the time, and the recently installed city bike hire

new & refurbished bikes, offer 'fix your own' sessions, cycle lessons and new and used parts. It's well worth a visit if you're going to pedal around town. Also recommended are **Gear Bikes** on Gibson street and **West End Cycles** just off Byres Road.

Walking

Walking in the city is easy and quick, just keep an umbrella



Glasgow's canals are a calm way of cycling around and out of the city

scheme, **nextbike**, mean a bike is readily available even if you don't own one.

There are plenty of good bike shops around the West End but the **Bikestation** in Finneston are a charity that sell

nearby and patch up any holes in your shoes. It's a great way of learning and seeing the city, although be careful after dark and stick to well lit paths, like any big city it's prudent to be cautious once the sun has set.

Transport...

Out of Glasgow

Buchanan Bus Station, both city centre train stations (Queen Street and Central) and the two airports are the main ways for travelling to destinations outside Glasgow.

Trains

If you're travelling within Scotland, then it'll be on ScotRail,

going south to England will be on **Cross-Country** or **Virgin** trains depending on where you're going. **thetrainline.com** is the most popular site for buying tickets, but buying tickets direct from the operators avoids the booking fee and means you can take advantage of their occasional sales.





The day an A380 came to Glasgow Airport was exciting

Full time students, regardless of age, are eligible for a Young Persons Railcard - giving you up to a 1/3 off rail travel outside peak times. It costs £30 but the savings you'll make on just one return trip to London will mean it pays for itself.

Train tickets go on sale 3 months prior to your journey - for the cheapest tickets try and plan and buy your journeys that far in advance.

Bus

Buchanan Bus station is Glasgow's main hub for coach travel - within Scotland the buses will tend to be **citylink** while **national express** and **megabus** have routes across the UK.

Buses will almost always be cheaper than getting the train,

but noiser, longer and less spacious.

The Airports

Glasgow is served by two airports, Glasgow International and Prestwick.

Prestwick is the smaller of the two with short haul flights to Europe, while Glasgow International has flights across the Atlantic and beyond.

The First 500 Airport shuttle bus runs between town and Glasgow International, and the X77 between town and Prestwick. If you've got loads of stuff, or your flight is at horrible o'clock a cab may be better. Just be wary of black cabs and their boundary charge.

Food

By the third week of term you'll realise that toast and Iceland pizzas are a rather miserable sustenance and be looking on jealously at the flatmate whose cooking skills would give Gordon Ramsay a run for his money (with less swearing).

Coming to Uni is a great opportunity to learn to cook, it's likely you'll have more free time now than you'll have once you leave and learning to cook with basic and cheap ingredients is a skill for life.

Equipment

Fancy kitchen equipment doesn't make a good cook. Indeed, it's wholly unneces-

sary. The following is a good list of the basics you'll need, and you can always add to it once you get more ambitious:

- > Good knives (will make your life so much easier)
- > Chopping board
- > 2 different sized pans
- > Frying pan (preferably non-stick)
- > Casserole Dish
- > Cheese grater
- > Cutlery & crockery
- > Non - stick cooking tray
- > Mixing bowl
- > Scales

TK Maxx and **Ikea** are two decent places to pick up equipment that is reasonably priced and good quality.



Recipe books

There are hundreds of decent recipe sites on the internet (**bbc good food** & **yummly** are two), so buying recipe books isn't strictly necessary - but it can be a good way to learn to cook a certain type of food or going through the basics step by step. A couple of good recipe books can save your phone from being covered in olive oil as you try and follow a recipe off the net.

Buying food

The lure of supermarkets, with all your shopping under one roof is appealing - but the West End is blessed with a number of more exotic and often cheaper shops - some of which offer student discount.

Roots and Fruits on Great Western Road is one, as is **Andersons** on Queen Margaret Drive on your walk back to Murano. These shops tend to price their ware on the seasonality and hence availability. If you're looking to eat according to the seasons (it's cheaper and environmentally friendly) then **eattheseasons.co.uk** is a good starting point.

Lidl is one of the cheapest supermarkets, and its store on Maryhill Road is deceptively close to the West End and Murano. Avoiding doing a weekly shop at small incarnations of big stores (Sainsbury's Local and Tesco Metro etc) is a smart move, they're much more expensive than their larger equivalents.

Bulk cooking

Cooking just for yourself is both more time consuming and expensive than joining together for a meal with your flatmates. If your tastes are completely unaligned or you're never in the flat together, then you can replicate it by cooking yourself a big dinner one evening, and using the leftovers to fuel your next few days. A roasted chicken will last half a week can be used in sandwiches, salads or just stared at in the morning after a night out as you wonder how, and who, took huge chunks out of it.

Buying in bulk can also be a good way of saving cash and helping you cook frugally. **KRK** on Woodlands Road has huge tins, usually supplied to the catering trade - it's worth a quick browse.

Health



Looking after yourself with a good diet and regular exercise is often easier said than done. Freshers' flu - an ailment caused by too much fun - will probably get you and your flat-mates at some point.

Doctor

It's vital to register with a doctor as soon as you move to Glasgow. It's easy for them to transfer your medical records and means when you really

need their help everything is at their fingertips.

Family doctors in the UK are known as GP's (General Practitioners) and it's almost impossible to see a specialist without first going through your GP who will refer you.

If you're an international student studying at Glasgow, then any treatment you need within the UK will be free.

The Barclay Medical Centre, located in the Fraser building, is a doctor's surgery specifically for Glasgow students. They're well used to seeing common student complaints and it's handy for popping in between lectures.

If you'd prefer to register with a different GP then a list of nearby surgeries is on **nhs24.com**

Remember, if your health is affecting your work and your ability to get things in on time or attend exams, you must submit a good cause form (page 41) along with a Doctors' note.

Dentist

Brushing and flossing will keep the tooth fairy away, but it's still important to register with a dentist for regular check ups.

The University Dental School also offer free check ups and treatment by dental students (under supervision).

If you're 18 or under, as a full time student, any dentistry work will be free. Students over 18 may be able to claim free or partial support for dental treatment on account of the NHS low income scheme. You need to fill in a HC1 form, available

from a Post Office or the SRC Advice Centre.

Out of hours

If you find yourself ill outside your surgery's opening hours (and it's not an emergency) then ring NHS 24 on 111 who will be able to help you over the phone and may well direct you to visit Glasgow's Out of Hours service.

Emergencies

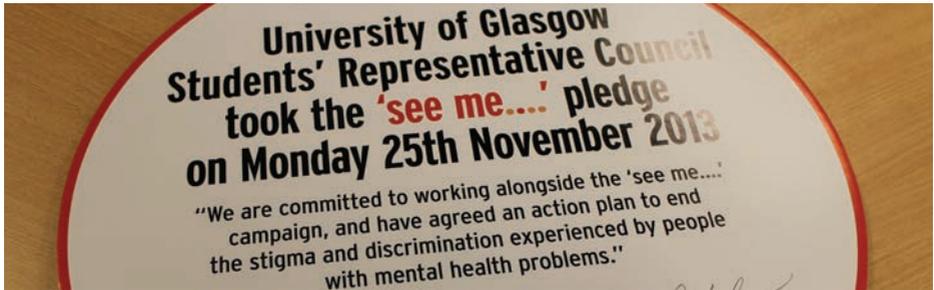
If you or anyone nearby are injured and it's an emergency, dial 999 and ask for an ambulance. The closest Hospital with an A & E is the Western Infirmary just beside campus.

Prescriptions

Unlike in England, there is no charge for any prescriptions in Scotland. Prescriptions must be dispensed by a chemist, of which there is one on campus, by the Barclay Medical Centre, and a Boots that stays open later (until 9) on Great Western Road next to the Oran Mor.

Health...

mental health



The See Me pledge, signed by all 4 student bodies last year

Worries about your course, your financial situation, accommodation or relationships can easily start to get on top of you and affect your mental wellbeing. Students are more likely to experience mental health problems than the general population, remember that you're not alone.

If you're worried about your mental health, or that of a friend - there's no shame in it, university can be a stressful time. Telling someone how you feel, or talking to a friend if you're worried about them, can bring an immediate sense of relief. If you're worried about academic performance being affected, then try to speak to a member of staff who you trust, explaining how you feel.

There are a number of services available for anyone who is worried about their mental health.

GP

GP's are trained to deal with mental health issues as well as any physical complaints. They can refer you to counselling or to a psychiatrist or may prescribe medication.

Student Counselling and Psychological Services

gla.ac.uk/services/counselling

This confidential service is run by the University with qualified counsellors there to discuss your concerns.

They also run mindfulness courses (that can get incredi-

bly busy) and Cognitive Behavioural Therapy courses.

Appointments can be made online in advance or a drop in service is offered on a first-come, first-served basis every morning.

If you would prefer to use a language other than English, CAPS can arrange a translator for you, and they also have a full time Mandarin speaking counsellor.

Nightline

0141 353 1050
gunightline.org

Nightline is a confidential support and information service open every evening during term time from 7pm to 7am.

The service is run by trained student volunteers and can be useful if you just need someone to listen to your worries.

Samaritians

08457 90 90 90
jo@samaritians.org

Samaritians are available 24 hours a day, 365 days a year to listen to you, about anything and everything that may be troubling. You don't have to be suicidal to talk to the Samaritians.

On the phone, through email, or in person at their branch on West George St (open 9am-10pm), the Samaritians are expert, experienced and confidential listeners.



Health...

sexual health



A recent survey by Studentbeans.com in their annual 'inter-course' table (get it?) put Glasgow in 46th place. They reckon that the average Glasgow student has 4.93 sexual partners during their time at University. Whether you end your time at Glasgow above or below that number is irrelevant, it's important to remember to be responsible in the bedroom.

Sex, and sexual acts, must always be consensual between both parties, if there's any doubt in your mind then don't do it. Respect is a vital part of any sexual relationship.

STIs

Some STIs have obvious, and often painful symptoms, but you can also be completely unaware you're carrying an infection. Regular check ups (every 6 months or so) should be the norm if you're sexually active, and getting checked up if you've recently had unprotected sex is a very good idea.

If you do notice any symptoms, it's usually best to avoid typing them into google - it's quickly possible to convince yourself your genitals are about to fall off and you'll never be able to have sex again. Leave your diagnosis to the experts.

Treatment of the most common STIs is usually straightforward, but if you have picked something up, make sure you let anyone you've had sexual contact with know. A slightly uncomfortable text or phone call is much better than them unwittingly infecting someone else. Some STIs can cause serious medical complications later on if left untreated.

Getting Tested & Treated

The Sandyford initiative is Glasgow's sexual health centre and has a base just beyond Kelvingrove Park on Sauchiehall Street. You can get tested, advice or condoms without having to make an appointment. It can be busy though, so if you want to be seen quickly you're best off getting there early (before 8)...

Your GP can also arrange an STI test.

Condoms & Contraception

The best way to avoid an STI isn't getting regularly checked up, it's using protection every time. Condoms are free and available from the SRC, the QMU, the GUU as well as the Sandyford and your GP.

Condoms are the best way of preventing both unwanted pregnancies and STIs, but if you and your partner are clean, and you're not wanting a little one then contraception is needed. You can talk through all the possible options with your GP.

Pregnancy

If you're worried you're pregnant then a GP or the Sandyford centre can give you a pregnancy test for free. According to the NHS, a positive result is almost certainly correct, but a negative result is less reliable - so you may need more than one.

If you are pregnant, you may decide to terminate the pregnancy or put your child up for adoption after birth. An abortion can be carried out during the first 24 weeks of pregnancy, and must be ratified by two doctors in order to go ahead.

This isn't going to be an easy decision. Try and talk it through with a friend, a member of your family or a University counsellor and discuss all possible options with your GP.

Health...

drink & drugs

Drink

Alcohol is readily available, cheap, and legal - and unsurprisingly it's the UK's most abused drug.

'Getting steaming' is a peculiarly Glaswegian phrase. Drinking was banned on Sundays, but steam boats sailing along the Firth of Clyde were exempt, so folk would spend their afternoons on the boats sinking pints on a floating vessel. 150 years later, in certain social circles, it's very much the norm to 'get steaming' regularly, this may not necessarily be a problem - but keep an eye on your consumption, and your behaviour, when you're drinking.

Eat before you go out, food will absorb the alcohol and ensure you're not suddenly very drunk too quickly. Your night will last longer and you're won't be put to bed before ten.

If you haven't drunk much before, it's difficult to know how much you can handle. Getting to know your own tolerance level and turning down a shot early on in the night is a lot cooler than having your head down a toilet at the end of the night.

Being drunk increases your vulnerability - and unfortunately some people take advantage of it. Know how you're getting home and try stick to your plans.



Driving while under the influence is dangerous and stupid. Not only are you much more likely to be involved in an accident, if you get caught it can have huge repercussions for your future. Likewise, don't get in a car with anyone who's been drinking.

Buying Booze

Licensed shops are only allowed to sell booze between 10am and 10pm. It's also illegal to drink on the street or in a park. If you're lucky the cops will ask you to pour it away, if you're not, it's a £40 fine.

Drugs

As with alcohol, there will be some social circles where partaking in the consumption of drugs is the norm.

Carrying drugs around runs the risk of getting in trouble with the police if you're caught, and the University takes a dim view of drug taking and will likely haul you up before a student conduct panel and you could be expelled. If it's happening in halls, they'll likely do you into the police too.

As with Alcohol, if you're going to take drugs - moderation is

key. They can increase your awareness of and stimulation by a situation, but partaking over enthusiastically can easily lead your night out ending badly - stroking the embossed wallpaper at the afterparty for hours on end is never a great place to be.

If you're wanting more information of what different drugs are called, on what effects they have, and what they look like - then **www.talktofrank.co.uk** is a useful and accurate website designed to explain all.

Remember if you're buying drugs, then it's unlike alcohol (or shoes), there's no quality control, and what's in what is more or less unknown. Getting ripped off and feeling nothing is one result, but it could also mean you're taking something potentially very harmful.

There have been a few instances in the last few years of a bad batch of pills being taken and people ending up in hospital, or worse. If you're going out, take heed of these stories when a bad batch is uncovered, and avoid anything that's been identified as potentially dangerous.

Money



Like cooking (page 78), learning to live within your means is a skill you can develop at Uni that'll stay with you the rest of your life.

Even without buying anything expensive, it's possible to spend plenty of money - going out, takeaways, new clothes and other 'essential' purchases have an annoying habit of eating into your money, making it harder to pay those pesky bills for rent and electricity.

Budgeting

Trying to avoid blindly slipping to the bottom of your bank balance requires a little foresight. You don't have to announce it to the rest of the world leaning on a red suitcase and pretending to be George Osborne, but it helps to work out where your money's coming in and going out.

Once you've jotted down your income and expenditure, you can start to work out if everything that's leaving your bank account is essential, or if

you can add to your income in any way.

It takes a while to set up properly, but **moneydashboard.com** can give you lots of fancy looking graphs about where your money's going, and **monneysupermarket.com** has hundreds of tips on cutting down your costs, or boosting your income.

Tuition Fees

Students from Scotland and the EU have their tuition fees paid for by the Scottish Government, but those from the rest of the UK, or outside the EU are liable to pay for their tuition.

Student Loans

If you're from Scotland then SAAS is the agency responsible for student loans. Anyone from the rest of the UK deal with the Student Loans Company.

Make sure you register with them on an annual basis - your loan for the year will be confirmed once the University have notified them you're still studying.

The amount given is means tested based on your parents

income - so if anything changes then it's good to let the loan provider know, you may be eligible for more cash.

Money Help

If you find yourself struggling financially, then there are a number of avenues for support, either in the form of loans or grants.

The University's Discretionary and Hardship Funds are available for any student experiencing hardship - you'll have to prove your financial position through a couple of bank statements, but it's not too arduous.

If you're experiencing immediate financial difficulty, then the University can give you a crisis loan. It can be useful if your loan hasn't yet come in and an electricity bill needs quickly paying.

Both the hardship and crisis loans can be applied for at the student services desk on level 2 of the Fraser Building.

For other sources of financial assistance, pop into the Advice Centre to discuss your options and help you to fill out the forms.



Jobs

Getting a job will ease any money issues you have - but making sure it's compatible with your studies is important; some employers are more understanding than others when it comes to trying to get time off for deadlines or exams.

Finding a job

Dropping off your CV to local businesses can often be a good way of finding something nearby - and useful for testing the market.

There are many sites to help you in a job hunt, but the SRC's

own jobshop at www.glasgow-student.net/jobs has posts that are specifically suited for students, as does the University's Career Service.

Minimum Wage

The minimum wage rates are £3.72 per hour if you're aged 16-17, £5.03 between 18-20 and £6.31 if you're over 21. The first £10k you earn is tax free, although you'll still have to pay 10% national insurance if you earn over £153 per week.

For any queries about you employment or employment law see the SRC advice centre or worksmart.org.uk

Accommodation

When your year in halls comes to an end - as good as the memories may be - it's unlikely you'll want another year of it.

Moving into private accommodation with a few mates is the next step for most students. There's a decent range of accommodation around the West End, though larger flats can be trickier to find.

Don't panic and rush into finding flatmates or a flat - take your time and don't worry about saying no to someone

who asks to live with you; some of your best mates may still be people you don't want to live with.

Finding a flat

Many landlords use letting agents to advertise the flat and run the tenancy on their behalf and looking around at local letting agents, either online or in person, is a good place to start. Some letting agents have better reputations than others, the Advice Centre has a list of local ones.



Alternatively, some landlords advertise their flats themselves; gumtree and newsagent advert walls are a good place to scout around.

Student flats are often passed on from one group of mates to another, so keep an ear out and you may hear of something suitable and save the hassle of searching around.

The SRC flatshare service offers single rooms, entire flats or potential flatmates and can be found at www.glasgow-student.net/services/flat-share. The University's Private Accommodation Database also has listings of local available flats at www.accom.gla.ac.uk/pad

House in Multiple Occupation (HMO)

Any flat that has more than two tenants that are not related or in a relationship must have a HMO license. This is a legal requirement that ensures things like fire doors and decent locks are present.

It's your landlords' responsibility to ensure everything is in order with regards to a HMO, and if you want to check with the council the status of a flat

just ring 0141 287 4535. Indeed, it's worth bearing in mind that a landlord that doesn't bother with a HMO is unlikely to be the most proactive, trustworthy or generally sound.

Viewing

It's in the interest of landlords and letting agents to make it seem like you've got to get the flat, it's going to go quickly, and everything else is either more expensive or much worse. Don't rush into it, you'll be living there for at least a year - if you're not happy with something, step back and try again.

Never accept a flat without going to view it and when you do, use the check list on page 96 to help you decide if it's a flat you want to move into.

Leases

A lease (or tenancy agreement) is a contract between the tenants and the landlord. It cannot overrule your basic tenancy rights, but it can add to them.

The most common form of tenancy agreement is a joint tenancy agreement, where all the tenants names are listed and there is collective respon-

sibility for the rent.

If you're unsure about any part of the lease (or paying any fees), before signing it take it down to the SRC advice centre who'll be able to run through it with you.

Fees

It's illegal for letting agents to charge fees for credit checks or renewing a lease. You can refuse to pay them, and if you've paid any in the last five years, you can get them refunded. Check out **www.reclaimyourfees.com** which is a Shelter campaign to return fees to tenants across Scotland.

Bills, Council Tax & TV licence

Under the terms of your lease, you'll probably be liable for bills, and it's worth taking this into account when you're weighing up whether or not you can afford the flat. Gas and electricity companies now make it easy for you to enter your gas and electricity readings online - this is useful and will stop you getting a nasty shock at the end of the year.

Full time students are exempt from council tax - but you must let the council know. You're able to do this online

through MyCampus provided you consent to the University sending your details to the council. The University considers anyone studying more than 63 credits a year to be full time, and if you've got any queries about your exemption status - pop into the Advice Centre.

If you watch live TV, even if it's not through an actual TV, you're legally obliged to buy a TV licence. It's one per year, per household and at some point they'll come round to check if you haven't paid.





And...

Everything we couldn't fit before

<i>Appendix</i>	<i>96</i>
<i>Directory</i>	<i>104</i>
<i>Thanks</i>	<i>111</i>

Flat Hunting

Checklist

Safety and Security

Are the doors and windows secure?

Are locks on the front door/flat entrance effective?

Are smoke alarms fitted and do they work?

Is there a certificate of inspection for any gas appliances?

Are there any unsafe gas/electric appliances?

Do the windows open and close properly?

Is there a fire escape?

Is the street well lit?

Are your contents covered by landlord's insurance, or have you considered taking out your own insurance?

Furniture and fittings

Is there a desk and enough storage space in the bedroom?

Is everything in good condition and working order?

Does the kitchen have a working cooker, fridge and freezer?

Is there an inventory?

Services

Who is responsible for common lighting/cleaning?

What are the rubbish disposal arrangements?

Check that the cooker works properly

Flush the toilet and try all the taps.

Who pays the bills?

Is there a landline?

General condition

Is the decoration in good repair?

What state are the carpets?

Sports Clubs

A to Zee

Contact details, training times & locations and further information can be found at www.gla.ac.uk/services/sport/whatson/club

Aikido	Hockey (Women)
American Football	Judo
Athletics	Karate
Badminton	Kendo
Basketball (Men)	Lacrosse
Basketball (Women)	Mountaineering
Boat/Rowing	Muay thai boxing
Bowling (Staff)	Netball
Boxing	Potholing
Canoe	Riding/Equestrian
Cheerleading	Rifle & sporting gun
Cricket	Rugby (Men)
Cricket (Staff)	Rugby (Women)
Curling	Sailing
Cycling	Shinty
Fencing	Shorinji kempo
Football (Men)	Ski & snowboard
Football (Women)	Skydive
Gaelic Football	Squash
Golf	Subaqua
Golf (Staff)	Surf
Hares & hounds	Swimming & Waterpolo
Hockey (Men)	

Clubs & Societies

For contact details, website links and an explanation of each society's activities, see www.glasgowstudent.net/clubs

Adam Smith Economics

Aerial Acrobatics Student Club

Aerospace Engineering Society (ASES)

African Caribbean Society

Ahlul Bayt Society

AIESEC Glasgow

Alexandrian Society

Alpha 2016 MBChB Year Club

Amazing Race Society

American Society

Amnesty International (GU)

Anaesthetic Society

Anglican Society

Archaeology Society

Art Appreciation Society

Art Club Glasgow Uni

Art of Living

Astronomy Society

Bad Movie Society

Baking Society

Ballroom Dancing Society

Barbell Club

Best Buddies

Better Together

Big Band Society

Biology Society

Biomedical Engineering Society

Book Club

Brains Trust

Brazilian Society

Bronte Society

Bulgarian Society

Business Club

Capoeira Club

Cardiovascular Society	Data Science Club
Catholic Association	Dermsoc
Central and Eastern European Society	Dialectic Society
Charity Fashion Show	DIY Club
Cheese Society	Duke of Edinburgh Award Group
Chess Society	Electronic Music Society
Childreach International	Emergency Society
Chinese Club	Enactus Glasgow
Chinese Students and Scholars Association	Encore Theatre Society
Choral Stimulation	Engineers without Borders Society
Christian Orthodox Society	English Language Society
Christian Outreach	Epsilon 2015 year club
Christian Union	eSports
Christians at Uni	European Society (GUES)
Cinematheque	Expeditionary Academy
Circus and Performers Society	Exploration Society
Climate Action	Fantasy Football (The GUFF)
Clinical Anatomy Society	Fast Forward Volunteering Society
Comunn Oiseanach Oilthigh Ghlaschu (Ossianic Soc)	Females on the Autistic Spectrum
Conservative and Unionist Association	Feminist Society
Cosplay Society	First Aid Africa
Creative Writing Society	Food Co-op
Crossing Borders	French Society
Cut Filmmaking	Friends of MSF
Dancemania	Gamma 2018 University of

Clubs & Societies

www.glasgowstudent.net/clubs

- Glasgow Medicine Year Club
- GEMS (Evidence Based Medicine Society)
- Geogsoc
- German Society
- Getting Kids Into Science
- Giving what we can: Glasgow
- GLA Taekwond
- Glasgow Marrow
- Glasgow Marxists
- Glasgow Medics AFC
- Glasgow Straight Talk
- Go Club
- Graphic Novel and Comic Society
- Great Days Out Society
- Greek and Cypriot Society
- Guardian
- Guieee
- GUM
- GUSH
- GUST
- Harry Potter Society
- Hindu Society
- Hispanic Society
- Historical Arts Society
- History of Art Society
- History Society
- Hong Kong Society
- Hungarian Society
- Improv Teatime!, Improvised Theatre Society (ITS)
- Indonesian Student Association
- Infection and Immunity Society
- International Affairs Society
- International Socialist Group
- IO (sci fi and fantasy)
- IP Society
- Isabella Elder Feminist Society
- Italian Society
- Italian Theatre Group
- Japanese Society
- Jazz Society
- Jewish Society
- KC Soc
- Kelvin Ensemble
- Kendo Club
- Labour Club

Language4water
 Laughter and Sketch Society
 Law Society
 Left Unity
 LET'S LEARN Spanish!
 LGBTQ+
 Liberal Democrats
 Literature Society
 Lithuanian Society
 Maclaurin Society
 Macmillan at the University of Glasgow
 Malaysian Society
 Malt Whisky Society
 Manga and Anime Fandom (GUMAF)
 Marine Biology Society
 Marys Meals Group
 Mature Students' Association
 Med-Chir Basketball
 Medical Revision and Mentoring Society
 Medics Against Violence Student Society
 Medsin Glasgow
 Mental Wealth
 Mexican Society of the University of Glasgow
 Model United Nations
 Morgul
 Motorsport Club
 Mountain Medicine Society
 Music Club
 Music Exploration Society
 Muslim Students Association
 Neuroscience Society
 Nightline
 Nordic Society
 Obstetrics and Gynaecology Society
 Oncology Society
 Ophthalmology University Society of Glasgow
 Opwall Expedition Fundraising Society
 Order of Dagon
 Orienteering Club
 OSTEM Glasgow
 Oxfam
 Paediatrics Society
 Pagan Society
 Paintball Society
 Pakistan Student Society
 Palestine Society
 Parliament of Oceana
 Pause Gaming
 Pharmaware Glasgow

Clubs & Societies

www.glasgowstudent.net/clubs

Photographic Society

Physical Society

Played

Poetry Society

Pole Dancing Club

Polish Society

Politically Inspired Stage

Politics Society

Psychiatry Interest Group

Psychology Society

Public Policy Society

QMU Whisky Club

Radiology Interest Group

Reachout Mentoring Society

Real Ale Society

Real World Economics

Red Cross

Renal and Urological Society

Robert Hamilton Glasgow
University Rangers Supporters
Club

Robotics Society

Russian Society

salsa4water

Save a Baby's Life

ScAYE! (Glasgow University
Science Magazine Society)

Scottish Country Dance Club

Scottish Greens

Scottish Literature Society

Scottish Socialist Society

Scrabble GU

Screens (Student cinema and
television society)

Sexpression

Sign Language Society

Singapore Society

Skeptics Society

SKIP

Slovak and Czech Society

Socialist Worker Student
Society

Sociology and Anthropology
Society

Sports & Exercise Medicine
Society

Sports Science Society

St Andrews First Aid

STAR (Student Action for Ref-
ugees)

Stop Aids Society

Student Christian Movement	Train Society
Student Dance Company	Tuesday Club
Student Life Agape	TV Series Society
Student theatre at Glasgow	UG Racing
Student Workers Society	Unicef on Campus
Students for Rwandan Medics	United Glasgow Student Society
Students of a Jane Austen Persuasion	UWC Alumni in Glasgow
Subcity	Vegan and Vegetarian Alliance
Successful Women at Glasgow	Vegan Society
Surgical Society	Veterinary Medical Association
SVA	Vinyl Club
Synapse Personal Development	Wakeboarding Society
Table Tennis	Werewolf Society
Tea Society	Wildlife Gardeners
Teach First Society	Willowbank Community Garden
Tech Society	Wolfson Academia Group
Teddy Bear Hospital	Xchange Scotland Glasgow University Society
TedxUniversityofGlasgow Society	Year Club Beta 17
Thai Society	Yes Society
The Cecilian Society	Youai Scotland
The Freedom Association	Youth fight for jobs and education
The G-Gnomes	Zonta Society
The GIST	Zoological Society
Theology And Religious Studies Society	
Trading and Investment Club	

Directory

Bookshops

Caledonia Books

www.caledoniabooks.co.uk/
483 Great Western Rd, G12
8HL

John Smith's Bookshop

www.johnsmith.co.uk/gla
Fraser Building, G12 8QQ

SRC Second Hand Bookshop

[www.glasgowstudent.net/ser-
vices/bookshop](http://www.glasgowstudent.net/services/bookshop)
John Mac Building, G12 8QQ

Voltaire & Rousseau

www.voltaire-rousseau.co.uk
12-14 Otago Ln, G12 8PB

Live Music

Bar Bloc

www.bloc.ru
117 Bath Street, G2 2SZ

The Barrowlands

www.glasgow-barrowland.com
244 Gallowgate, G4 0TT

Broadcast

broadcastglasgow.com
427 Sauchiehall St, G2 3LG

The Glad Café

www.thegladcafe.co.uk
006A Pollokshaws Rd, G41
2HG

The Hydro

www.thessehydro.com
SECC, Exhibition Way, G3 8YW

Mono

www.monocafebar.com
12 King's Court, G1 5RB

Nice'n'Sleazy

www.nicensleazy.com
421 Sauchiehall St, G2 3LG

Stereo

www.stereocafebar.com
22-28 Renfield Ln, G2 6PH

Pubs, Bars & Clubs

The Arlington

[www.facebook.com/TheAr-
lingtonBar](http://www.facebook.com/TheArlingtonBar)
130 Woodlands Road, G3

Ben Nevis

thebennevis.co.uk/
1147 Argyle St, G3 8TB

Big Slope

36A Kelvingrove St, G3 7SA

Brewdog

www.brewdog.com
1397-1403 Argyle St, G3 8AN

Distill

distillbar.co.uk
102-1106 Argyle St, G3 7RX

The Finnieston

www.thefinniestonbar.com/
1125 Argyle St, G3 8ND

Firebird

www.firebirdglasgow.com/
Argyle St, G3 8AB

The Grove

www.thegrove-glasgow.co.uk/
1092 Argyle St, G3 8LY

Hillhead Bookclub

www.hillheadbookclub.com
17 Vinicombe St, G12 8BE

Inn Deep

www.inndeep.com
445 Great Western Rd, G12
8HH

Jinty McGuinty's

jintys.com
23 Ashton Ln, G12 8SJ

Kelvingrove Café

www.kelvingrovecafe.com
1163 Argyle St, G3 8TB

The Roxy 171

www.the.roxy171.co.uk
171 Great Western Rd, G4
9AW

The Squid and Whale

www.squidwhale.com
Great Western Rd, G4 9HT

Vodka Wodka

www.vodkawodka.co.uk
31 Ashton Ln, G12 8SJ

Museums & Galleries

The Burrell Collection

www.glasgowlife.org.uk/muse-
ums/burrell-collection
Pollok Country Park, G43 1AT

GOMA

www.glasgowlife.org.uk/muse-
ums/goma
Royal Exchange Square, G1
3AH

Kelvingrove Art Gallery

www.glasgowlife.org.uk/muse-
ums/kelvingrove
Argyle St, G3 8AG

The Riverside

www.glasgowlife.org.uk/muse-
ums/riverside
100 Pointhouse Rd, G3 8RS

Directory

Theatre

Citizens Theatre

www.citz.co.uk/
119 Gorbals St, G5 9DS

The Kings Theatre

www.atgtickets.com/venues/kings-theatre/
297 Bath St, G2 4JN

The Tron Theatre

www.tron.co.uk
63 Trongate, G1 5HB

Cinema

Cineworld

www.cineworld.co.uk/cinemas/glasgow-renfrew-street
7 Renfrew St, G2 3AB

GFT

www.glasgowfilm.org/theatre
12 Rose St, G3 6RB

Grosvenor

www.grosvenorcinema.co.uk
24 Ashton Ln, G12 8SJ

Eating out

Papercup

www.fb.com/papercupcoffee
603 Great Western Road G12 8HX

The Rio Café

www.fb.com/theriocafe.glasgow
27 Hyndland St, G11 5QF

The Crypt

www.wc.thischurch.org/f/docs/Cryptcafe.html
77 Southpark Ave, G12 8LE

Tchai Ovna

tchaiovna.com
42 Otago Ln, G12 8PB

Il Cappucino

www.fb.com/ilcapp
491 Great Western Road

The 78

www.the78cafebar.com
10-14 Kelvinhaugh St, G3 8NU

Stravaigin

www.stravaigin.co.uk/
28 Gibson St, Kelvinbridge, G12 8NX

Live Sport

Celtic

www.celticfc.net
95 Kerrydale St, G40 3RE

Partick Thistle

ptfc.co.uk
80 Firhill Road, G20 7AL

Rangers

www.rangers.co.uk
150 Edmiston Dr,

Glasgow Warriors

www.glasgowwarriors.org
72 Danes Drive, G14 9HD

Emirates Arena

www.glasgowvelodrome.co.uk
& www.emiratesarena.co.uk
1000 London Rd, G40 3HY

Transport

Subway

www.spt.co.uk/subway

Buses

www.spt.co.uk/bus

Network Cabs

0141 557 1110

Glasgow Taxis

0141 429 7070

Bikestation

www.thebikestation.org.uk/
glasgow
65 Haugh Rd, G3 8TX

Gear Bikes

gearbikes.com
19 Gibson Street, G12 8NU

West End Cycles

www.gwcycles.co.uk
16-18 Chancellor St, G11 5RQ

Alpine Bikes

www.alpinebikes.com
6 St George's Pl, G20 7PW

Scotrail

www.scotrail.com

Virgin Trains

www.virgintrains.co.uk

Cross Country Trains

www.crosscountrytrains.co.uk

EasyJet

www.easyjet.com/en/

Ryan Air

www.ryanair.com

Directory

Food

BBC Good Food

www.bbcgoodfood.com/

Yummly

www.yummly.co.uk/

Andersons

92 Queen Margaret Dr, G20
8NZ

Roots and Fruits

www.rootsfruitsandflowers.com
451-457 Great Western Rd, G12
8HH

Health

Barclay Medical Centre

www.universitybarclay.com

Find Gp Website

www.nhs24.com/findlocal

NHS Direct

www.nhs24.com
111

Sandyford Initiative

sandyford.org
2 Sandyford Place, G3 7NB

SRC Council Members

Sabbatical Officers

President

Breffni O'Connor
president@src.gla.ac.uk

VP Student Activities

Gintare Masiulyte
vp-activities@src.gla.ac.uk

VP Education

Cal Davies
vp-education@src.gla.ac.uk

VP Student Support

Liam King
vp-support@src.gla.ac.uk

Academic Officers

PG Arts Convenor

pg-arts@src.gla.ac.uk

UG Arts Convenor

ug-arts@src.gla.ac.uk

PG Soc Sci Convenor

pg-socsci@src.gla.ac.uk

UG Soc Sci Convenor

ug-socsci@src.gla.ac.uk

PG SciEng Convenor

pg-scieng@src.gla.ac.uk

UG SciEng Convenor

ug-scieng@src.gla.ac.uk

PG MVLS Convenor

pg-mvls@src.gla.ac.uk

UG MVLS Convenor

ug-mvls@src.gla.ac.uk

School Representatives

Business

schoolrep-business@src.gla.ac.uk

Culture and Creative Arts

schoolrep-cca@src.gla.ac.uk

Chemistry

schoolrep-chem@src.gla.ac.uk

Computing

schoolrep-compsci@src.gla.ac.uk

Critical Studies

schoolrep-crit@src.gla.ac.uk

Education

schoolrep-edu@src.gla.ac.uk

Engineering

schoolrep-eng@src.gla.ac.uk

Geographical &

SRC Council Members

Earth Science

schoolrep-geoearth@src.gla.ac.uk

Humanities

schoolrep-human@src.gla.ac.uk

Law

schoolrep-law@src.gla.ac.uk

Life Sciences

schoolrep-lifesci@src.gla.ac.uk

Mathematics and Statistics

schoolrep-mathstats@src.gla.ac.uk

Medicine

schoolrep-med@src.gla.ac.uk

Modern Languages and Culture

schoolrep-modlang@src.gla.ac.uk

Physics and Astronomy

schoolrep-physastro@src.gla.ac.uk

Psychology

schoolrep-psych@src.gla.ac.uk

Social and Political Sciences

schoolrep-socpolsci@src.lga.ac.uk

Veterinary Medicine

schoolrep-vetmed@src.gla.ac.uk

Welfare Officers

Age Equality Officer

ae-officer@src.gla.ac.uk

Charities, Clubs and Societies Officer

ccs-officer@src.gla.ac.uk

Students with Disabilities Officer

disability-officer@src.gla.ac.uk

Environmental Officer

environmental-officer@src.gla.ac.uk

Gender Equality Officer

gender-officer@src.gla.ac.uk

International Students Officer

int-officer@src.gla.ac.uk

Mental Health Equality Officer

mhe-officer@src.gla.ac.uk

Race Equality Officer

race-officer@src.gla.ac.uk

Sexual Orientation Equality Officer

soe-officer@src.gla.ac.uk

Thanks & Credits

Project Management

Bob Hay and SRC Exec

Editor

Oli Coombs

Layout

Oli Coombs (based on previous editions by Shaun Murphy)

Words

Craig Angus & Oli Coombs

Proofreading & Suggestions

Breffni O'Connor, Gintare Masiulyte, Cal Davies, Liam King, Bob Hay, Markee Rambo - Hood, Hollie Sneddon, Louise Cameron, Thomas Killean, Helen Speirs, Gillian Robertson, Iain Macdonald, Stef Black, Nicky McComb, Oscar Schaefer, Hannah Gower, Cathy Steeghs

Advertising

Chris Miller

Photography

Dasha Miller, 5, 8, 11, 15, 16, 21, 22, 23, 28, 30, 37, 48, 50, 51, 56, 72, 74, 75, 83, 94
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